



# MASTERS & PARACYCLING TRACK NATIONAL CHAMPIONSHIPS

COLORADO SPRINGS, CO

## MASTERS

*Updated: April 21, 2026*

### LICENSING/CITIZENSHIP REQUIREMENTS

**ALL NATIONAL CHAMPIONSHIP PARTICIPANTS MUST HAVE A CURRENT USA CYCLING ANNUAL LICENSE OR VALID UCI FOREIGN FEDERATION LICENSE AS DEFINED BELOW.** Riders must also be licensed for the category in which they are attempting to register. You may purchase, renew and/or request a category upgrade online by logging into your USA Cycling account [HERE](#).

Must be a **United States citizen** and have a current:

- **USA Cycling International License** or
- **A foreign International/UCI License** or
- **USA Cycling Domestic Annual License**

**OR**

Must be a **Permanent Resident (verified)** and have a current:

- **USA Cycling International License** or
- **USA Cycling Domestic Annual License**

### CATEGORY and ELIGIBILITY REQUIREMENTS

At the time of registration, all participants competing in the Masters categories **MUST** hold the minimum required category for their respective races as noted below. **Riders will compete in their respective age-group based on their official racing age determined on December 31, 2026.** "Racing up or down", per 1H4(c) is not allowed in this event.

#### STATUS

All participants **MUST** have a racing age of 35 or over. Riders with a racing age of 35 or over who hold Elite status per USA Cycling rules may **NOT** compete in the USA Cycling Masters Track National Championships. This includes riders who:

- Are, or have been, a member of a UCI-registered team of any type (road, track, MTB, CX) in the calendar year of the championship.
- Have competed in the Elite category of a UCI World Championship, Continental Championships, Olympic Games or World Cup in the road or track discipline in 2025.
- Are further defined as an "Elite" rider per definition in USA Cycling's Glossary of terms.

#### AGE GROUPS

**Awards will be given to every five-year age group represented.** In mass start races any age group with less than 10 riders may be combined with a lower age group. In such a case the awards for the older group will be determined by their relative results within the event.

#### CATEGORY RESTRICTIONS

Each license allows for promotion to higher categories according to certain guidelines. Upgrades can be based on either experience or points, depending on the level and license type. Please [see Policy VIII Race Category Upgrading and Downgrading](#) for information. If you would like to request an upgrade, [please see upgrade instructions here](#).

Acknowledging the lack of upgrade points for athletes who exclusively or primarily race sprints, USA Cycling will allow riders who do not meet category restrictions to petition for an exception to compete in the Sprint ONLY. Such riders must provide a detailed race resume showing progress in category and experience racing.

Riders must provide proof of progress within sprint events and racing proficiency. Riders must submit proof of progress before registering. If a rider registers without an approved petition and does not meet category requirements at the time of the event, they will not be allowed to compete.

We will not accept virtual race results or power files as part of a petition.

USA Cycling staff will review petitions and respond to the email address submitted.

*Masters 35-54 who would like to petition to enter the Sprint tournament, may complete the [form](#) no later than July 15, 2026.*

RACE OFFERINGS	
<b>SPRINT</b>	
The format to be used for various sized fields shall be published in advance of the competition. Only riders in categories 1-3 may enter 35-54. <i>No category restrictions for riders 55+.</i>	
<b>TIME TRIAL</b>	
Standing start time trials will be held over the following distances and age ranges. <i>No category restrictions.</i>	
<b>Men</b> 35-49 1000 m 50+ 500 m	<b>Women</b> 35+ 500 m
<b>INDIVIDUAL PURSUIT</b>	
<i>No category restrictions.</i>	
<b>Men</b> 35-49 3000 m 50+ 2000 m	<b>Women</b> 35+ 2000 km
<b>POINTS RACE</b>	
Only riders in categories 1-3 may enter 35-54. <i>No category restrictions for riders 55+.</i>	
<b>Men</b> 35-49 30 km 50-59 20 km 60+ 10 km	<b>Women</b> 35-54 15 km 55+ 10 km
<b>SCRATCH RACE</b>	
Only riders in categories 1-3 may enter 35-54. <i>No category restrictions for riders 55+.</i>	
<b>Men</b> 35-49 10 km 50-59 7.5 km 60+ 5 km	<b>Women</b> 35+ 5 km
<b>TEAM PURSUIT</b>	
<b>Each rider may only enter one team pursuit event.</b> This event will be conducted as a final based on time. One or two teams may be run at the same time as decided by USA Cycling. For the purposes of restarts and mishaps, the event will be conducted as a qualifying round in a team pursuit. <i>No category restrictions.</i>	
<b>Men</b> 35+ and 45+: 4 riders / 4 km 55+ and 65+: 4 riders / 3 km	<b>Women</b> 35+, 45+, and 55+: 4 riders / 3 km
<b>TEAM SPRINT</b>	

**Each rider may only enter one team sprint event.** This event may be conducted as final, for time and requires 3-riders to start. *No category restrictions.*

<b>Men</b>	<b>Women</b>
35+, 45+, 55+ and 65+: 3 laps	35+, 45+, and 55+: 3 laps

### **REGULATION INFORMATION**

All races will be held under [USA Cycling Regulations](#), including any applicable National Championship regulations.

#### **Equipment Regulations (General)**

The general regulations for bicycles are those of USA Cycling in section [11 – Bicycles](#).

#### **Equipment Regulations for ALL Record Attempts**

All UCI rules for bicycles AND components will be in force for those seeking time trial records in their classes. For more information, reference Part 1, Chapter 3 of the [UCI Regulations](#) and review the following [UCI Equipment and Material page](#), with detailed information on equipment, verification and measurements of the bicycle that you will encounter.

### **NATIONAL and BEST PERFORMANCE\* RECORDS**

***\*All Best Performance Records must have anti-doping testing to be certified.***

It is the responsibility of the rider setting the record to arrange for the testing, cover the cost of the testing, obtain a copy of the completed record application(s) and maintain a copy of the cover of their anti-doping form for UCI validation.

All records will be submitted by the Chief Referee to the Technical Director at USA Cycling. It is the responsibility of the rider setting the record to obtain a copy of the completed record application(s).