



JUNIOR TRACK
★★ **NATIONAL** ★★
CHAMPIONSHIPS
BREINIGSVILLE, PA

TECHNICAL GUIDE



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Venue

Valley Preferred Cycling Center

1151 Mosser Rd
Breinigsville, PA 18031

<https://thevelodrome.com/>



History

Known for the first 20 years of its existence as the Lehigh County Velodrome – or simply T-Town, as it is affectionately referred to by the national and international racers who make it their home here each summer – the concrete crater in a corn field was the idea of publisher Bob Rodale. Rodale fell in love with track cycling while competing as a skeet shooter in the 1967 Pan American Games. The president of Rodale Press, and later publisher of *Bicycling* and *Mountain Bike* magazines, knew in his heart that he needed to bring the excitement and colorful action of this healthful sport back home to his beloved Lehigh Valley.

Rodale was a visionary but he was also a practical businessman. He made sure his dream was built to last by consulting with numerous national and international cycling organizations, racers and knowledgeable contractors. Construction began in 1974 on a plot of land in Trexlertown, PA, owned by Bob Rodale and his wife, Ardath. As the work progressed and the track took shape, Rodale worked with community leaders to create programs such as the Air Products Developmental Cycling Program that would spark a local interest in bicycle racing. He also donated his land and the partially completed facility to Lehigh County in return for a pledge that the county would continue to support development of the track and its programs.

Rodale reached out to two of the most celebrated cyclists of the 1960s and 1970s – Jack Simes III and David Chauner – to bring his dream to life. Working with the late Artie



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Greenburg and announcer Brian Drebber, Simes and Chauner launched an immediate effort to attract top international cyclists and events, creating a foundation that has made Valley Preferred Cycling Center the most active and successful velodrome in the United States.

The first race was held on October 12, 1975. In the early years of Lehigh County Velodrome, there were no locker rooms, rest rooms, or bleachers, there wasn't even a railing at the top of the track. From those early days when Jerry "The Gentle Giant" Ash and Leigh "The Tree" Barczewski and his brother Les, along with cycling greats such as Gil "Gibby" Hatton and women riders such as Sheila Young and Connie Paraskevin reignited the sport of track racing in the United States, Rodale's dream did catch the imagination of the American cycling public.

Renamed the Lehigh Valley Velodrome when those renovations were completed, it hosted former Pennsylvania Governor Tom Ridge, who took a Friday night lap around the track in front of the fans during one of his annual cycling excursions around the commonwealth, and cycling legends such as Greg LeMond and Bobby Julich have been known to show up at the bi-annual bicycle swap meets that draw thousands of cyclists from all over the East Coast. Though Bob Rodale's life was tragically cut short in a 1990 automobile accident in Russia, his dream lives on through the support of the Rodale family, along with the community support that has continued because of Bob Rodale's early efforts to build a cycling facility that would become a prized icon of the Lehigh Valley.

Today

The velodrome is now managed by a 501(c)(3) non-profit foundation that continues to promote track cycling – just the way Bob wanted it. Thanks to the generosity of Valley Preferred, a community partnership of doctors and hospitals, the renamed Valley Preferred Cycling Center continues to lead the nation in quality competition, championship racer development and community programs that offer the opportunity for racers and non-racers to enjoy the thrill of bicycle track racing in the nation's most-loved and most-successful velodromes in modern American cycling.

REGISTRATION INFO

<https://tracknats.usacycling.org/junior-track/registration>

Onsite registrations must be completed by 12pm the day before competition. No day of registrations will be accepted.

Registration Location: Velodrome Offices



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OFFICIAL PARTNERS



JACK MASON



Range



upwzy

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skraitch



CORIMA

GYM/AWARE



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Commissaires

PCP-Martinez, Matthew
Secretary- Sallie, Urffer
Starter- Phillip, Miller
Judge Referee- Clark, Christopher
Finish Judge- Kates, Roberta
Asst. Judge- Schiff, Debra
Member- Althoff, Joseph
Member- Godorov, Morgan
Member- Toth, Gary
Member- Trimpi, Joanne



Gary Thornton - Executive Director Valley Preferred Cycling Center
Elspeth Huyett - Vice Chairman of the Board



Michael Barman, Race Director
(678) 575-4684
barmancoach2013@gmail.com



Kyle Knott, National Events Director
Bonnie Walker, Technical Director
Sabrina Potter, Marketing Manager, National Events



Jon Gallagher
one2goeventservices@gmail.com

Announcer

Gabe Lloyd



EVENT INFORMATION

SCHEDULE

The [event schedule](#) and other information may be found on the event website -

[Event Website](#).

ELIGIBILITY AND REGULATIONS

- Junior 17-18 will be run under UCI regulations
- Eligibility Guide:
<https://assets.usacycling.org/tracknats/documents/2026-Junior-Track-Eligibility.pdf>

EQUIPMENT

Racers aged 17-18 will have their equipment checked for conformity with the UCI Regulations.

Regulations for Bicycles are found in [UCI Regulations Part I](#), Chapter III, Section 2.

- Ages 17-18: UCI conformity with UCI
- Ages 15-16: 6.93 meters (22'9")(50x15) **
- Ages 13-14: 6.45 meters (21'2")(50x16)
- Ages 10-12: 6.05 meters (19'8")(52x17)

* Note that the gear ratios listed are merely suggestions. The distance rolled out is the governing standard.

** For 15 & 16-year-old juniors who are competing in Keirin or Madison championship events, the 17-18 (unrestricted) gear limit applies.

Race officials will usually provide a courtesy gear check prior to the start of a junior race, but it is the gear check immediately after the junior race that determines whether a junior's bicycle is legal or not.

It is also important to note that not all cycling tires have the same diameter, which can give a bicycle a rollout distance different than the distance provided by the gear recommendation.

Junior riders need to roll out their bicycles on their own prior to attending a USA Cycling-sanctioned event to determine whether they will be compliant with the rules.



CODE OF CONDUCT POLICY

USA Cycling’s Code of Conduct (“Code”) is intended to advance the mission of USA Cycling, protect the safety and well-being of individuals who associate with USA Cycling, and to ensure that all individuals who associate with USA Cycling conduct themselves with integrity, maintain a high standard of conduct, and promote the Olympic & Paralympic values, spirit, and ideals. The full policy may be found [HERE](#).

FAN CODE OF CONDUCT POLICY

USA Cycling is committed to ensuring a safe and enjoyable experience at USA Cycling events. The Fan Code of Conduct is intended to address conduct that is inconsistent with these goals and detracts from the event experience. The Fan Code of Conduct is applicable to all attendees of USA Cycling sanctioned events, whether as a spectator, participant, or otherwise. The full policy may be found [HERE](#).

TEAM TENT SPACE

To reserve space on the infield, please contact kbertoni@thevelodrome.com with your group name and the number of riders you expect to have onsite.

Infield spots will be assigned on a first-come, first-served basis. While we will do our best to accommodate specific requests, space is limited and cannot be guaranteed.

We are also working with local community members to borrow pop-up tents for traveling teams. For larger teams, we will have an overflow area outside of the facility where riders can warm up, rest, and gather between events, separate from your infield space. If your group may need overflow space, please indicate that in your email.

RESULTS PROTOCOL & AWARDS CEREMONY

Results will be posted online after each race. www.tracktiming.live The protest period is 15-minutes after posting, after which time they become FINAL. Results will also be posted to the USA Cycling website.

Medals will be awarded to the top 5 finishers in each event. A National Champion’s jersey will be presented for all categories with at least one official finisher. For racers age 15-16 competing in a 15-18 race a separate jersey will be awarded if necessary. Awards will be presented at scheduled ceremonies, please pay attention to the timeline for the proper time of your award ceremony.

All riders required to participate in the awards ceremonies at USA Cycling National Championships must report at the appropriate time and shall appear wearing only team/club racing clothing identical to that worn in the competition unless stated otherwise in the technical guide for the event or noted below. Competition clothing is defined as: racing kit, cycling or athletic shoes, without hats or sunglasses or other forms of headwear. Unattached riders may only wear uniforms that display manufacturers’ logos. After official presentations,



athletes are free to have photographs taken with hats and other forms of headwear, glasses, bicycles, etc.

Under no circumstance, shall a rider wear a prior National Champions jersey to the podium for the presentation.

SEVERE WEATHER GUIDELINES

When looking at weather conditions, the safety of the athletes, spectators, staff, and volunteers is the utmost priority. While often providing an additional challenge, adverse weather in its extremes may result in hypothermia, heat exhaustion, or other dangerous conditions. We have created the following plan to help mitigate any weather-related risks while respecting the unique racing conditions of the sport.

In the case of severe weather, the following panel will be empowered to make decisions regarding the conduct of the race(s):

Matt Martinez - President of the Commissaires Panel (PCP)
Mike Barman - Race Director
Gary Thornton- Velodrome Director

EVENT—CONVENING THE PANEL

This panel would be immediately convened under the following circumstances and will refer to the “Crisis Communications Plan.”

- A NOAA special weather statement is issued for the race venue.
- Severe cold/heat and/or wind anticipated within 72 hours.
- Freezing rain, heavy snow or other threatening precipitation is forecast.
- Other atmospheric conditions that could affect the health and welfare of athletes, spectators, staff, and volunteers.
- Road/Trail conditions, travel and transportation to and from the venue, poses danger to volunteers, staff, spectators, or athletes.
- Other onsite event, such as a major medical incident or protest
- Any member of the panel would also be empowered to request that the group convene based on conditions outside of those mentioned above.

ACTIONS

The following actions may be taken based on the forecast and conditions:

- No direct action/monitor situation
- Change of start times (e.g. later starts when warmer or precipitation has stopped)
- Combining of classes and categories
- Shortening of individual races
- Change of start date



- Cancellation

In addition to the above actions affecting race participants, the following actions may be considered in relation to spectators, staff and volunteers:

- Increased medical staffing
- Warming/cooling areas provided
- Decrease in shift times/exposure

These lists are not exhaustive, and may be used in combination or separately on different days or at different times.

COMMUNICATIONS PLAN

Status updates, and if needed, revised schedules, will be communicated to the affected parties through a variety of methods:

- Posting at the venue at pre-designated notice areas.
- An e-mail and/or text message update will be sent directly to registered athletes/participants by USA Cycling
- USA Cycling will utilize its social media platforms to provide outreach to spectators and volunteers, participants
- Venue announcements will be used in the case of on-site modifications and notifications, using Public Address System and posted materials at Race Office/Awards Stage.
- Credentialed media will be provided with updates through USA Cycling communications staff.

LOCAL INFO

ACCOMMODATIONS

The velodrome is located greater Allentown, Pa area at: 1151 Mosser Rd Breinigsville, PA 18031. There are several hotels in the area including a negotiated rate at: <https://www.hilton.com/en/book/reservation/rooms/?ctyhocn=ABEHWHW&arrivalDate=2026-04-30&departureDate=2026-05-01&room1NumAdults=1>

AIRPORT OPTIONS

Lehigh-Northampton Airport 3311 Airport Rd, Allentown, PA 18109 (ABE)

Newark International Airport St, Newark, NJ 07114 (EWR)

HOSPITAL

Lehigh Valley Hospital–Cedar Crest



1200 S Cedar Crest Blvd, Allentown, PA 18103

MEDICAL ON-SITE

A paramedics team will be on-site inside the velodrome when the track is open for riding. The track will be open between sessions in the afternoons but will close immediately following racing.

This event is a USA Cycling Gran Fondo National Championships Qualifier

Your result in this event can qualify you for the [USA Cycling Gran Fondo National Championships](#). The 2026 #GFNats will be held on September 20 at [Gran Fondo Maryland](#) in Frederick, MD. In addition to qualifying through results and participation in [Gran Fondo National Series events](#), cyclists can qualify for #GFNats by finishing in the top three in any Amateur or Masters National Championship, or any State or Regional Championship. For complete qualification criteria, visit:

<https://link.edgepilot.com/x/Mld-rDDg3y8AAXIa-Z4pF8w?u=https://www.granfondonationalseries.com/gran-fondo-national-championship>



To help create and foster a safe environment that is free from misconduct and abuse at all USA Cycling events, please review USA Cycling's Safe Sport Program [Policies](#), including reporting [requirements](#) and the Minor Athlete Abuse Prevention Policies ([MAAPP](#)). All Participants at USA Cycling sanctioned events must abide by these policies.

Prohibited Conduct

All Participants at this event are expected to refrain from engaging in Prohibited Conduct as defined by the US Center for SafeSport [Code](#). Prohibited Conduct includes but is not limited to the following: sexual misconduct, emotional misconduct, physical misconduct, bullying, harassment, hazing, and violations of the MAAPP.

MAAPP

These policies have been adopted by USA Cycling to establish clear boundaries between participants in cycling and to reduce isolated one-on-one interactions between minors and adults in cycling and apply during all USA Cycling events, including before, during and returning from the event. Please familiarize yourself with USA Cycling's [MAAPP](#).

Reporting Requirements

Adult Participants are required to report violations of USA Cycling's Safe Sport Program, including



violations of the [MAAPP](#). The mandatory reporting requirements apply to Adult Participants, but USA Cycling encourages anyone who becomes aware of, or experiences misconduct or abuse, to report those allegations. While USA Cycling is committed to providing a safe environment for all participants, the organization can't address behaviors or problems it is unaware of, so your engagement in reporting is instrumental in ensuring safety for all.

Report suspected or known incidents of *sexual misconduct* directly to the US Center for SafeSport: <https://uscenterforsafesport.org/report-a-concern/>

Report *other forms of misconduct*, including physical misconduct, emotional misconduct, and MAAPP violations, to USA Cycling: <https://usacycling.org/safesport/report-other-misconduct>



Doping Control

This competition is subject to anti-doping rules, and competitors may be selected for in-competition testing. Keep reading to learn more about anti-doping rules and expectations.

What is clean sport?

Clean sport means that athletes have the opportunity to compete on a fair and level playing field free from the influence of performance-enhancing substances and methods.

How do we protect clean sport?

The U.S. Anti-Doping Agency (USADA) is charged with managing the anti-doping program for all United States Olympic & Paralympic Committee (USOPC), recognized sport national governing bodies, their athletes, and events, and this program encompasses in-competition and out-of-competition testing, results management processes, drug reference resources, and athlete education.

What substances and methods are prohibited?

As a signatory to the World Anti-Doping Code, USADA tests for substances and methods found on the World Anti-Doping Agency Prohibited List. Athletes can check prescription and over-the-counter medications and ingredients on [GlobalDRO.com](https://www.globaldro.com) to determine the prohibited status. Be aware that even everyday products, such as those used to treat acne and altitude sickness, may contain prohibited substances. In many cases, athletes can consider alternative but similar treatment options that do not contain prohibited substances.

Do I need a Therapeutic Use Exemption (TUE) to use a prohibited substance or method?



There may be a time during an athlete's career when they have a legitimate medical need to use a prohibited substance or method. USADA can grant a Therapeutic Use Exemption (TUE) in these situations in compliance with the World Anti-Doping Agency's International Standard for TUEs. The TUE application process is thorough and designed to balance the need to provide athletes with access to critical medical care while protecting the rights of clean athletes to compete on a level playing field.

Whether an athlete needs a TUE for the use of a prohibited medication or method depends on the athlete's competition level and the Prohibited List category of the treatment. Athletes can submit a [TUE Pre-Check Form](#) to USADA to determine if a TUE is required before using the prohibited substance.

Can I use prohibited medications and treatments if they are prescribed by a physician?

No, having a prescription does not permit the use of prohibited substances or methods. Athletes should submit a [TUE Pre-Check Form](#) to USADA to determine if they need a TUE before using a prohibited substance.

What if I've started using my medication but do not have a TUE?

First and foremost, we encourage athletes to consider their health first and athletic competition second. If you have a medical condition for which you have been prescribed a prohibited substance, medication, or method, consult with your medical provider. Depending on your competition level and the prohibited status of the substance, medication, or method, if you compete without a TUE, are tested, and your sample is positive for the prohibited substance, you could be at risk of having committed an anti-doping rule violation (ADRV), which may result in a sanction and public announcement. However, it may also be possible to receive a retroactive TUE depending on the circumstances.

Are supplements safe to use?

Dietary supplements are risky because they could contain ingredients that can cause a positive anti-doping test and/or health problems, and in some cases, those ingredients aren't listed on the label. Dietary supplements are regulated in a post-market fashion, which means that no regulatory body approves the accuracy of the label or safety of the contents before they are sold to consumers. As such, no dietary supplement can be guaranteed to be 100 percent risk-free. If athletes choose to use supplements despite the risks, USADA has always recommended that athletes use only dietary supplements that have been certified by a third-party program that tests for substances prohibited in sport. USADA currently recognizes NSF Certified for Sport® as the program best suited for athletes to reduce the risk from supplements. Learn more at USADA's [Supplement Connect](#) resource.

What kind of testing should I expect?



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Athletes selected for testing are subject to both urine and blood testing. The sample collection process is designed to protect both the integrity of the sample as well as the rights of athletes. The Doping Control Officer (DCO) will make the process as comfortable

and consistent as possible, and there can be modifications to the process for athletes with impairments. When USADA tests an athlete, who is a minor (under the age of 18),

USADA urges a minor athlete to appoint a representative to accompany them at all times during the sample collection process, including in the washroom area. The representative will not witness the passing of the sample unless authorized by the athlete and of the same gender as the athlete (unless the representative is a parent). Additionally, the DCO will have a second sample collection person present throughout the sample collection process. Learn more about the [sample collection process and athletes' rights and responsibilities here](#).

Ineligibility

Athletes who have notified USADA, their National Governing Body, and their International Federation of their retirement from sport are not eligible to participate in this competition. Anyone serving a suspension for an anti-doping rule violation is also not eligible to compete.

NOTES: