



Communique 5 USA Cycling Pro Road National Championships

Riders and Mechanics are reminded of a few important regulations and protocols governing the criterium:

STAGING:

Staging is east from the start finish at Capitol and Kanawha. This is a full block east of the host hotel. Call ups have been prepared by USA Cycling. The officials will ask those riders receiving call-ups to stage at the front of the group during pre-staging. Call-ups will be done by the announcer. Once call-ups are complete, the remaining riders will be walked to the line. Riders will not be allowed to stage coming from the finish line direction. Please see the Technical Guide if you need more information.

FREE LAPS:

Please review USA Cycling regulations. Free laps will be authorized until 5 laps to go. Riders must be returned to their field before crossing the finish line showing 5 laps to go. Mishaps after this point in the race are not allowed and the distance must be completed by a rider wishing to finish the race.

Rule 2B5 is utilized as the definition of a recognized mishap. All requests for a free lap must be made in a pit and recognized by the official. One free lap is allowed for the repair of a mishap. A recognized mishap is a legitimate fall (not a deliberate decision to tip over), a puncture/flat of a tire, or breakage of an essential part of the bicycle (something broken that prevents your bicycle from being pedaled, stopped or controlled). Dead batteries, loose handlebars, dropped chains, saddles bumped out of preferred position, getting briefly delayed behind a crash that doesn't block the road, etc. are not recognized mishaps. Please follow the instructions of the officials in the pits and on the course. Riders will be returned to the back of the field they were in before their free lap. Please review USA Cycling's Resource Page for Free Lap guidance.

TEAM PIT-LICENSED MECHANICS ONLY:

Per the Technical Guide, only USA Cycling licensed mechanics are allowed in the Team Pit (Pit 2 is located on Kanawha Blvd). *The pit officials will request licenses.*

Pit 1, located on the backside of the course on Lee St., is a Neutral Service Pit only.