

PARACYCLING ROAD

★★ **NATIONAL** ★★
CHAMPIONSHIPS

BENTONVILLE, AR

TECHNICAL GUIDE



Table of Contents

Welcome	3
Thank You to Our Sponsors	4-5
Local Organizing Committee, Officials, Staff	6
Race Information	7-8
Meeting Schedule	9
Severe Weather Guidelines	10-11
Medical	12
Anti-Doping	13-15
Safe Sport	15-16
Time Trial	17-18
Road Race	19-20



USA Cycling
Para Road National Championships

210 USA Cycling Point
Suite 100
Colorado Springs, CO 80919

All Contents Copyright Medalist Sports, LLC



NATIONAL CHAMPIONSHIPS

PARACYCLING ROAD | BENTONVILLE, AR
APRIL 11-12, 2026

Welcome to Bentonville!

A fusion of arts, culture, and the great outdoors – Bentonville, Arkansas is on Travel + Leisure's 50 Best Places to Travel in 2026 and was featured in Outside Magazine's ranking of "The 24 Best Mountain Towns in the U.S." in 2025. Home to the Walmart Home Office, Crystal Bridges Museum of American Art, the Walmart Museum, and world-class biking trails, Bentonville is a destination for all ages and walks of life. And for cyclists, the trails here are in a league of their own. The Razorback Greenway stretches over 40 miles through Northwest Arkansas, linking seven cities from Bella Vista to Fayetteville, and it's designed to welcome everyone, with sensor-activated crosswalks, tactile guidance for visually impaired users, and smooth ramps for those using wheelchairs or other mobility devices. Beyond the Greenway, Bentonville has become a recognized global leader in adaptive mountain biking, inspiring a worldwide movement to make trails more inclusive and accessible for all.





NATIONAL CHAMPIONSHIPS

OFFICIAL PARTNERS



JACK MASON



Range



OFFICIAL SUPPLIERS



skraitch



GYM/AWARE





NATIONAL CHAMPIONSHIPS

PARACYCLING ROAD | BENTONVILLE, AR
APRIL 11-12, 2026

LOCAL PARTNERS





NATIONAL CHAMPIONSHIPS

PARACYCLING ROAD | BENTONVILLE, AR
APRIL 11-12, 2026

<p>Local Organizing Committee Kalene Griffith - Visit Bentonville Jeff Nicholas - Visit Bentonville</p> <p>Community and City Partners City of Bentonville Bentonville School District Kevin Cizerle - Bentonville Police Adam McInnis - Bentonville Police Marcus Williams- Bentonville Fire</p>	<p>USA Cycling Kyle Knott - National Events Director Sabrina Potter - Marketing Manager, National Events Parker Ohlmann - Member Services Manager</p> <p>Medalist Sports Tori Trice - Project Director Joe Hawks - Production Director Jeff Corbett - Technical Director</p>
<p>Officials PCP - Dorothy Abbott Commissaire - Randy Shafer Finish Judge - Holly Blanco Asst. Judge - Jessica Willis Motor Commissaire - Ryan Campos Motor Commissaire - Roger Cravey Motor Commissaire - Steve David Motor Commissaire - Randy Lejeune</p>	<p>Timing and Scoring Doug Pogue - One2Go</p> <p>Announcer John Hoopingarner</p> <p>Neutral Support Steve Donovan Matt Fallon</p>



Event & Race Information

VENUE

Fullbright Jr. High School
5303 SW Bright Rd
Bentonville, AR 72712

<https://maps.app.goo.gl/moGkbaLwqwZ5Sh1P6>

USA CYCLING PARACYCLING ROAD NATIONALS EVENT PAGE

<https://roadnats.usacycling.org/paracycling-road>

REGISTRATION INFO

<https://roadnats.usacycling.org/paracycling-road/registration>

Onsite registrations must be completed by 12pm the day before competition. No day of registrations will be accepted. If you have any further questions about the registration process, please contact Trish Black tblack@usacycling.org

Registration Location: The Momentary – 507 E St., Bentonville

ELIGIBILITY

<https://assets.usacycling.org/roadnats/assets/2026-Para-Road-Eligibility.pdf>

REGULATIONS

The USA Cycling Paracycling Road Nationals is held under UCI regulations, including equipment. If you are not familiar with the regulations, links are below.

Equipment Regulations: [Part I: General Organization of Cycling as a Sport, Chapter 3.](#)

Para-cycling Regulations: [Part XVI: Para Cycling](#)

EVENT SCHEDULE

<https://assets.usacycling.org/roadnats/assets/2026-Para-Road-Schedule.pdf>

*Please check the schedule frequently for updates and be sure to refresh your browser



Important Links

[USA CYCLING RULE BOOK](#)

[FAN CODE OF CONDUCT](#)

[ALL COURSES](#)

MEDIA INFO

Media representatives interested in covering this event must fill out the [USA Cycling Media Credential Application](#). Credentialed media will be provided with updates before the first race day through the USA Cycling communications staff. All media representatives must wear a media credential in order to access authorized areas for the press.

RESULTS PROTOCOL & AWARDS CEREMONY

Live timing and unofficial results will be available online [HERE](#).

Results will become final once the chief judge has signed off on them. Riders may protest results for up to 15-minutes after they are posted. If no protests are made, they will become final for awards. In addition, the final results will be posted to the USA Cycling website before the end of the event.

Medals will be awarded to the top 3 finishers in each event. A National Champion's jersey will be presented for all categories with at least one official finisher. Awards will be presented at scheduled ceremonies, please pay attention to the timeline for the proper time of your award ceremony.

All riders required to participate in the awards ceremonies at USA Cycling National Championships must report at the appropriate time and shall appear wearing only team/club racing clothing identical to that worn in the competition unless stated otherwise in the technical guide for the event or noted below. Competition clothing is defined as: racing kit, cycling or athletic shoes. Headwear may be worn for warmth, provided it is team or sponsor issued. Unattached riders may only wear uniforms that display manufacturers' logos. After official presentations, athletes are free to have photographs taken with hats and other forms of headwear, glasses, bicycles, etc.

Under no circumstance, shall a rider wear a prior National Champions jersey for racing or to the podium for the presentation from Friday afternoon until the jersey has been awarded **UCI 1.3.068**



PRE-EVENT

[The Momentary, 507 SE E St. Bentonville](#)

CLASSIFICATION	9:00 AM to 4:00 PM
REGISTRATION / PACKET PICK UP	12:00 PM to 4:00 PM
OFFICIALS MEETING	2:00 PM to 3:00 PM
ATHLETE RECEPTION	3:00 PM to 4:00 PM
ATHLETE MEETING	4:00 PM to 5:00 PM
COURSE PREVIEW	Available after 5:00 PM

COURSE PREVIEW

Course preview and access to Fullbright Jr. High property is not permitted on Friday, April 10 until after 5:00 PM.

After 5:00 PM, riders may preview the course, but it will be open to traffic. Please stay on the correct side of the street, even though you will be using the opposite side during much of the racing. **Flags are required for handcycles during course preview on Friday.**

On Saturday morning (April 11), riders may preview the closed Time Trial course from 8:30 AM to 9:00 AM. Please use caution during this time as staff may still be on course placing fence and signage.



SEVERE WEATHER GUIDELINES

When looking at weather conditions, the safety of the athletes, spectators, staff, and volunteers is the utmost priority. While often providing an additional challenge, adverse weather in its extremes may result in hypothermia, heat exhaustion, or other dangerous conditions. In preparation for the upcoming Paracycling Road National Championships, we have created the following plan to help mitigate any weather-related risks while respecting the unique racing conditions of the sport.

In the case of severe weather, the following panel will be empowered to make decisions regarding the conduct of the race(s):

Dorothy Abbott - President of the Commissaires Panel (PCP)

Jeff Corbett - Technical Director

Kyle Knott - USA Cycling

EVENT—CONVENING THE PANEL

This panel would be immediately convened under the following circumstances and will refer to the “Crisis Communications Plan.”

- A NOAA special weather statement is issued for the race venue.
- Severe cold/heat and/or wind anticipated within 72 hours.
- Freezing rain, heavy snow or other threatening precipitation is forecast.
- Other atmospheric conditions that could affect the health and welfare of athletes, spectators, staff, and volunteers.
- Road/Trail conditions, travel and transportation to and from the venue, poses danger to volunteers, staff, spectators, or athletes.
- Other onsite event, such as a major medical incident or protest
- Any member of the panel would also be empowered to request that the group convene based on conditions outside of those mentioned above.

ACTIONS

The following actions may be taken based on the forecast and conditions:

- No direct action/monitor situation
- Modification of the course
- Change of start times (e.g. later starts when warmer or precipitation has stopped)
- Combining of classes and categories
- Shortening of individual races
- Change of start date
- Cancellation



In addition to the above actions affecting race participants, the following actions may be considered in relation to spectators, staff and volunteers:

- Increased medical staffing
- Warming/cooling areas provided
- Decrease in shift times/exposure

These lists are not exhaustive, and may be used in combination or separately on different days or at different times.

COMMUNICATIONS PLAN

Status updates, and if needed, revised schedules, will be communicated to the affected parties through a variety of methods:

- Posting at the venue at pre-designated notice areas.
- An e-mail and/or text message update will be sent directly to registered athletes/participants by USA Cycling
- USA Cycling will utilize its social media platforms to provide outreach to spectators and volunteers, participants
- Venue announcements will be used in the case of on-site modifications and notifications, using Public Address System and posted materials at Race Office/Awards Stage.
- Credentialed media will be provided with updates through USA Cycling communications staff.
- Due to small field size an Athlete Info What's App group will be created. Please inquire at packet pick up.



MEDICAL

EMS services provided by Bentonville Fire Dept. will be on course and in the venue.

Nearest Hospital

Northwest Medical Center Emergency Room

3000 Medical Center Pkwy

Bentonville, Arkansas 72712

479.553.1000

MECHANICAL SUPPORT - Neutral Mechanical Support will be provided on course during the Road Race only. Mechanics will be set up at the Time Trial start for pre-race assistance and with a pit on course.

RESULTS - Provided by One2Go Event Services - Jon Gallagher.

<https://my.raceresult.com/groups/7182/>



RADIOS

While riding in training or competitions, riders may not use radios, telephones, or other communication devices. No earpieces may be worn. Audio playback devices are forbidden.

RACE BIBS

Riders must display race bibs at all times on all courses for practice and race sessions.

EQUIPMENT

Equipment will be checked for conformity with the UCI Regulations.

- Regulations for Bicycles are found in [UCI Regulations Part I](#), Chapter III, Section 2.
- Regulations for Tricycles are found in [UCI Regulations Part XVI](#), Chapter 16.
- Regulations for Handcycles are found in [UCI Regulations Part XVI](#), Chapter 17.



Helmets

All riders are required to wear a securely buckled helmet when on a bike. *Time trial helmets may only be worn during a time trial event. Traditional helmets must be worn in road events. UCI 1.3.031.*

16.10.002 For all sport classes in road events, athletes are required to wear a helmet in the correct sport class colour, or use an appropriately coloured helmet cover, as follows:

Red	C5 men / women
	T2 men
	H4 men / women
	B men
White	C4 men / women
	H3 men / women
	B women
	T2 women
Blue	C3 men / women
	H2 men
	T1 women
Black	H5 men / women
	C2 men / women
	T1 men
Yellow	C1 men / women
	H2 women
Green	H1 men
Orange	H1 women

The athletes' sport classes are recognisable by using the above-mentioned helmet colours, which enable the commissaires and public to detect without delay and confusion the group they belong to. Athletes using the wrong colour helmet in road events will not be allowed to start or will be withdrawn from the race and disqualified.



U.S. Anti-Doping Agency

Doping Control

This competition is subject to anti-doping rules, and competitors may be selected for in-competition testing. Keep reading to learn more about anti-doping rules and expectations.

What is clean sport?

Clean sport means that athletes have the opportunity to compete on a fair and level playing field free from the influence of performance-enhancing substances and methods.

How do we protect clean sport?

The U.S. Anti-Doping Agency (USADA) is charged with managing the anti-doping program for all United States Olympic & Paralympic Committee (USOPC), recognized sport national governing bodies, their athletes, and events, and this program encompasses in-competition and out-of-competition testing, results management processes, drug reference resources, and athlete education.

What substances and methods are prohibited?

As a signatory to the World Anti-Doping Code, USADA tests for substances and methods found on the World Anti-Doping Agency Prohibited List. Athletes can check prescription and over-the-counter medications and ingredients on [GlobalDRO.com](https://www.globaldro.com) to determine the prohibited status. Be aware that even everyday products, such as those used to treat acne and altitude sickness, may contain prohibited substances. In many cases, athletes can consider alternative but similar treatment options that do not contain prohibited substances.

Do I need a Therapeutic Use Exemption (TUE) to use a prohibited substance or method?

There may be a time during an athlete's career when they have a legitimate medical need to use a prohibited substance or method. USADA can grant a Therapeutic Use Exemption (TUE) in these situations in compliance with the World Anti-Doping Agency's International Standard for TUEs. The TUE application process is thorough and designed to balance the need to provide athletes with access to critical medical care while protecting the rights of clean athletes to compete on a level playing field.



Whether an athlete needs a TUE for the use of a prohibited medication or method depends on the athlete's competition level and the Prohibited List category of the treatment. Athletes can submit a [TUE Pre-Check Form](#) to USADA to determine if a TUE is required before using the prohibited substance.

Can I use prohibited medications and treatments if they are prescribed by a physician?

No, having a prescription does not permit the use of prohibited substances or methods. Athletes should submit a [TUE Pre-Check Form](#) to USADA to determine if they need a TUE before using a prohibited substance.

What if I've started using my medication but do not have a TUE?

First and foremost, we encourage athletes to consider their health first and athletic competition second. If you have a medical condition for which you have been prescribed a prohibited substance, medication, or method, consult with your medical provider. Depending on your competition level and the prohibited status of the substance, medication, or method, if you compete without a TUE, are tested, and your sample is positive for the prohibited substance, you could be at risk of having committed an anti-doping rule violation (ADRV), which may result in a sanction and public announcement. However, it may also be possible to receive a retroactive TUE depending on the circumstances.

Are supplements safe to use?

Dietary supplements are risky because they could contain ingredients that can cause a positive anti-doping test and/or health problems, and in some cases, those ingredients aren't listed on the label. Dietary supplements are regulated in a post-market fashion, which means that no regulatory body approves the accuracy of the label or safety of the contents before they are sold to consumers. As such, no dietary supplement can be guaranteed to be 100 percent risk-free. If athletes choose to use supplements despite the risks, USADA has always recommended that athletes use only dietary supplements that have been certified by a third-party program that tests for substances prohibited in sport. USADA currently recognizes NSF Certified for Sport® as the program best suited for athletes to reduce the risk from supplements. Learn more at USADA's [Supplement Connect](#) resource.

What kind of testing should I expect?

Athletes selected for testing are subject to both urine and blood testing. The sample collection process is designed to protect both the integrity of the sample as well as the rights of athletes. The Doping Control Officer (DCO) will make the process as comfortable



and consistent as possible, and there can be modifications to the process for athletes with impairments. When USADA tests an athlete, who is a minor (under the age of 18),

USADA urges a minor athlete to appoint a representative to accompany them at all times during the sample collection process, including in the washroom area. The representative will not witness the passing of the sample unless authorized by the athlete and of the same gender as the athlete (unless the representative is a parent). Additionally, the DCO will have a second sample collection person present throughout the sample collection process. Learn more about the [sample collection process and athletes' rights and responsibilities here](#).

Ineligibility

Athletes who have notified USADA, their National Governing Body, and their International Federation of their retirement from sport are not eligible to participate in this competition. Anyone serving a suspension for an anti-doping rule violation is also not eligible to compete.



Welcome to USA Cycling Paracycling Road National Championships. We are excited to have you participating with us and we want to remind you that athlete safety is of the utmost importance to USA Cycling.

To help create and foster a safe environment that is free from misconduct and abuse at all USA Cycling events, please review USA Cycling's Safe Sport Program [Policies](#), including reporting [requirements](#) and the Minor Athlete Abuse Prevention Policies ([MAAPP](#)). All Participants at USA Cycling sanctioned events must abide by these policies.

Prohibited Conduct

All Participants at this event are expected to refrain from engaging in Prohibited Conduct as defined by the US Center for SafeSport [Code](#). Prohibited Conduct includes but is not limited to the following: sexual misconduct, emotional misconduct, physical misconduct, bullying, harassment, hazing, and violations of the MAAPP.



MAAPP

These policies have been adopted by USA Cycling to establish clear boundaries between participants in cycling and to reduce isolated one-on-one interactions between minors and adults in cycling and apply during all USA Cycling events, including **before, during and returning from the event**. Please familiarize yourself with USA Cycling's [MAAPP](#).

Reporting Requirements

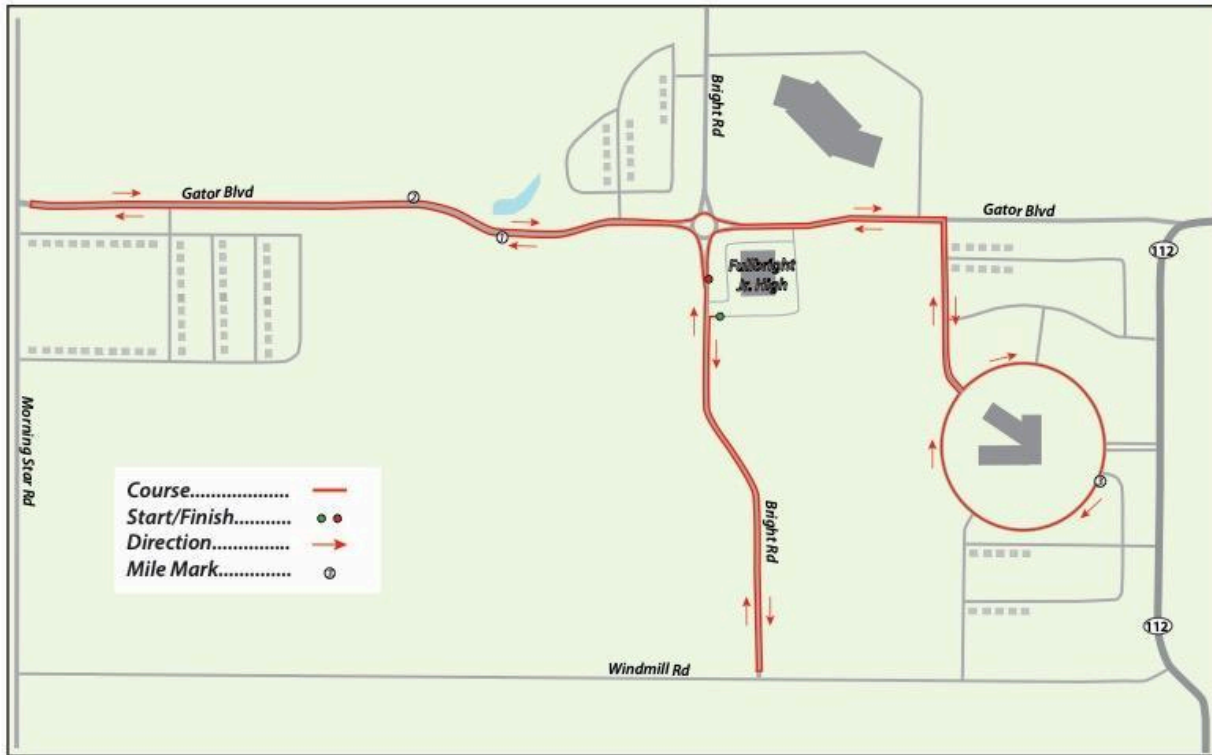
Adult Participants are required to report violations of USA Cycling's Safe Sport Program, including violations of the [MAAPP](#). The mandatory reporting requirements apply to Adult Participants, but USA Cycling encourages anyone who becomes aware of, or experiences misconduct or abuse, to report those allegations. While USA Cycling is committed to providing a safe environment for all participants, the organization can't address behaviors or problems it is unaware of, so your engagement in reporting is instrumental in ensuring safety for all.

Report suspected or known incidents of *sexual misconduct* directly to the US Center for SafeSport: <https://uscenterforsafesport.org/report-a-concern/>

Report *other forms of misconduct*, including physical misconduct, emotional misconduct, and MAAPP violations, to USA Cycling: <https://usacycling.org/safesport/report-other-misconduct>



TIME TRIAL



Race Notes

- The U turn on the south end of Bright Rd is tight (2 lanes wide). Use caution.
- The turn onto and off of Freedom Rd. from Gator Blvd and Liberty Circle are tight. Riders will have access to just over 1 lane of width. These are not full speed corners!
- A neutral Pit will be located in the round-about. Riders may access it from multiple directions.
- After crossing the finish line, riders continuing on for additional laps should move right and be aware of other starters merging onto the course. Those who have completed their distance should move left and turn left into the first driveway of Fullbright Jr. High.



Schedule

For most recent version of the competition schedule, please check

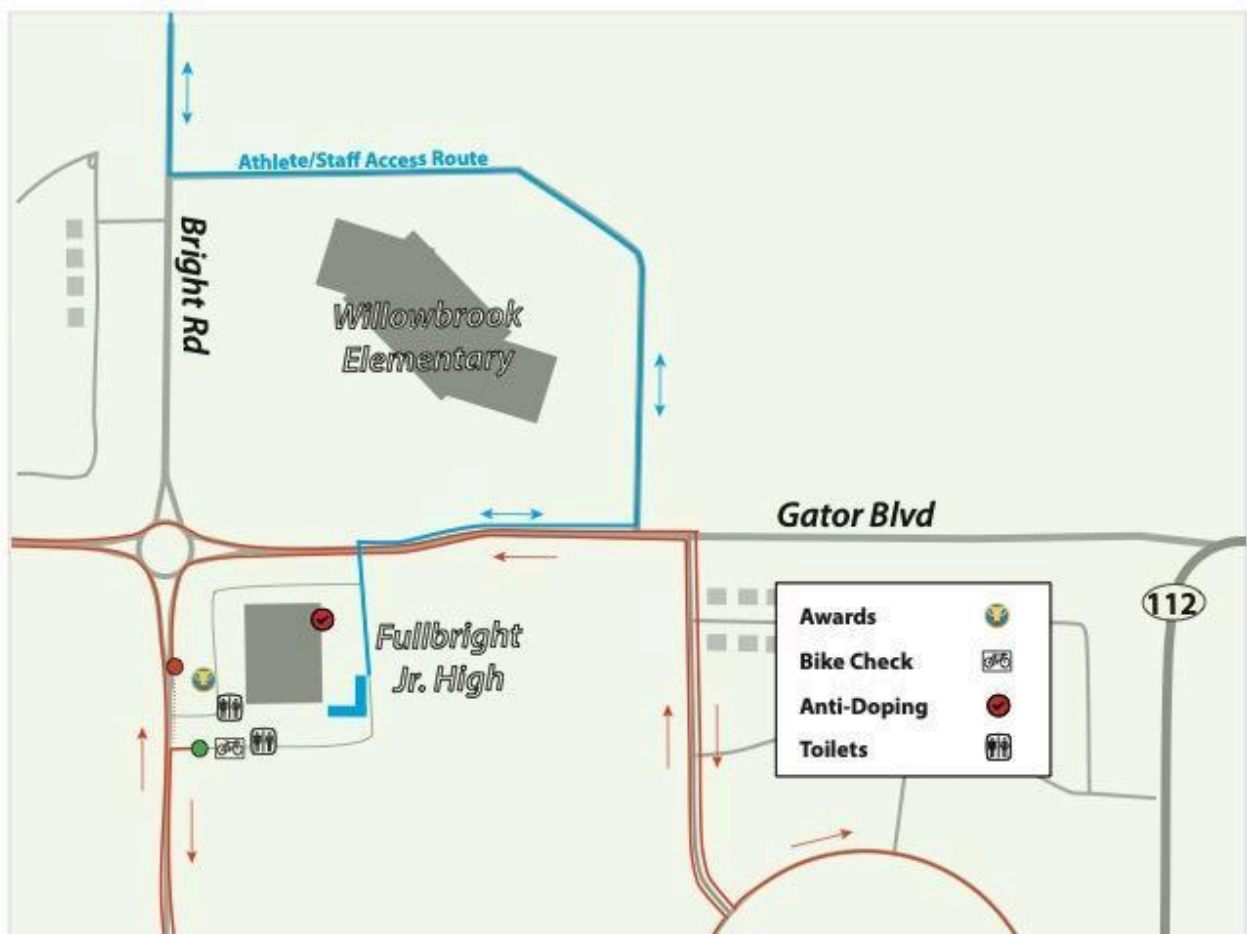
<https://assets.usacycling.org/roadnats/assets/2026-Para-Road-Schedule.pdf>

Please check the schedule frequently for updates and be sure to refresh your browser.

Parking

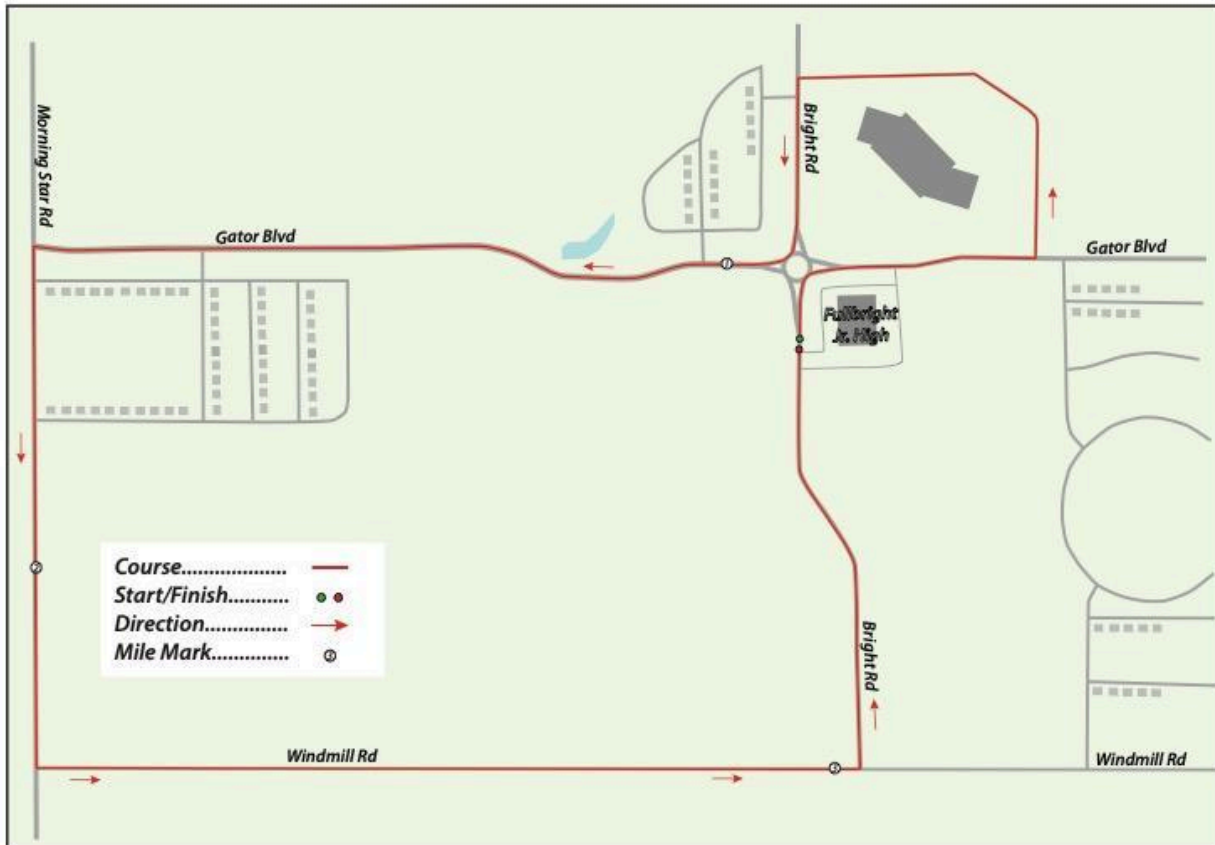
Parking at Fullbright Jr. High is limited to Athletes and Staff. Spectators and supporters may park at Willowbrook Elementary and walk across Gator Blvd.

Those parking at Fullbright Jr. High MUST use the route shown on the map below and access via Willowbrook Elementary back driveway. All other access points will be closed and access forbidden.





ROAD RACE



Schedule

For most recent version of the competition schedule, please check

<https://assets.usacycling.org/roadnats/assets/2026-Para-Road-Schedule.pdf>

Please check the schedule frequently for updates and be sure to refresh your browser.

Race Notes

- For races that the PCP permits a feed zone, it will be located on Gator Blvd just east of the traffic circle. Feeders can access this easily on foot from the venue. No vehicles will be permitted in the feed zone. Feeders may feed on Right or Left if needed.
- Feeding is permitted in the feed zone from the 6th lap through 3 laps to go. Feeding is not permitted in the first 5 laps nor on the last 2 laps of any race. Riders may dispose of bottles and litter at either end of the feed zone (waste zone) on any lap of the race.



NATIONAL CHAMPIONSHIPS

PARACYCLING ROAD | BENTONVILLE, AR
APRIL 11-12, 2026

- Upon finishing, riders will continue onto Gator Blvd and turn right off the course into Fullbright rear driveway.

Parking

Parking at Fullbright Jr. High is limited to Athletes and Staff. Spectators and supporters may park at trailhead parking along Gator Blvd and walk over.

Those parking at Fullbright Jr. High **MUST** use the route shown on the map below and access via Gator Blvd. All other access points will be closed and access forbidden.





NATIONAL CHAMPIONSHIPS

PARACYCLING ROAD | BENTONVILLE, AR
APRIL 11-12, 2026

Notes