



# GRAVITY MTB NATIONAL CHAMPIONSHIPS

JULY 2023 • HENDERSON COUNTY, NC

**Updated: 4/20/2023**

The 2023 USA Cycling Gravity Mountain Bike National Championships will crown national champions in gravity mountain bike events. Please note if a race has multiple categories listed, categories will be racing against each other and not separated out for awards.

\*\*\*Individuals attempting to pre-ride the course prior to the event or scheduled practice day(s) or times, if any, may encounter hazards including incomplete course construction or obstructions. The course may also cross private property. **Athletes pre-riding the course do so entirely at their own risk.**\*\*\*

<p><b>ALL NATIONAL CHAMPIONSHIP PARTICIPANTS MUST HAVE A CURRENT USA CYCLING ANNUAL LICENSE OR VALID UCI FOREIGN FEDERATION LICENSE AS DEFINED BELOW.</b> Riders must also be licensed for the category in which they are attempting to register. If you do not have a current and valid USA Cycling annual license, the easiest way to obtain one is via the USA Cycling website at <a href="http://www.usacycling.org">www.usacycling.org</a>. You may purchase, renew and/or request a category upgrade online on your <a href="#">My USA Cycling</a> page.</p>	
<p><b>Junior 17-18, Elite/Pro</b></p>	<p>Must be a <b>United States citizen</b> and have a current:</p> <ul style="list-style-type: none"> <li>• <b>USA Cycling International License</b> with a USA sporting nationality and a <b>UCI ID*</b> or</li> <li>• <b>A foreign International License</b> with a USA sporting nationality and a <b>UCI ID*</b> or</li> <li>• <b>USA Cycling Domestic Annual License</b> with a USA sporting nationality and <b>UCI ID*</b></li> </ul>
<p><b>Juniors 16 and under, Amateur/Masters</b></p>	<p>Must be a <b>United States citizen</b> and have a current:</p> <ul style="list-style-type: none"> <li>• <b>USA Cycling International License</b> with a <b>UCI ID*</b> or</li> <li>• <b>A foreign International License</b> with a <b>UCI ID*</b> or</li> <li>• <b>USA Cycling Domestic Annual License</b> with a <b>UCI ID*</b></li> </ul> <p><b>OR</b></p> <p>Must be a <b>Permanent Resident (verified)</b> and have a current:</p> <ul style="list-style-type: none"> <li>• <b>USA Cycling International License</b> with a <b>UCI ID*</b> or</li> <li>• <b>USA Cycling Domestic Annual License</b> with a <b>UCI ID*</b></li> </ul>
<p><b>Non-Championships</b></p>	<p>Riders must have either a current USA Cycling annual license, valid UCI Foreign Federation license, or purchase a one-day license at race registration.</p>
<p><b>*UCI ID:</b> To compete in a USA Cycling National Championship, riders must have their date of birth, gender and citizenship or permanent resident status verified. Having verified this information, a <b>free</b> UCI ID is issued. If a UCI ID is not currently displayed on your license, log into your USA Cycling My Account and look for this in your Profile link. If these items are not listed or are incorrect, please do the following to update your account:</p> <p>Create a copy of your birth certificate or passport and Permanent Resident Status (Green Card) as it applies, and email it to <a href="mailto:membership@usacycling.org">membership@usacycling.org</a> or by fax (719-434-4300).</p> <p>A UCI ID is your lifelong, internationally unique, identity number to confirm your racing status and maintain your privacy in internationally published registration and results documents.</p> <p><b>YOU DO NOT NEED TO REPRINT OR PURCHASE A NEW LICENSE ONCE YOUR ACCOUNT IS UPDATED</b></p>	

# USA CYCLING CRAVITY MOUNTAIN BIKE NATIONAL CHAMPIONSHIPS

The USA Cycling Gravity Mountain Bike National Championships will determine the National Champions for the classes and categories shown below. Non-championship races will be offered for athletes in the downhill (DH) and dual slalom (DS) disciplines.

## DISCIPLINES

Downhill (DH)	A gravity time trial competition consisting of riders racing one at a time, against the clock, down a trail, jeep road, or fire road, or a combination of all three. Downhill races are generally technically challenging with courses often featuring a combination of high speeds, jumps, drop-offs, and other technical features.
Dual Slalom (DS)	A gated gravity competition where two competitors race head-to-head down two similar, but separate, courses. Following a qualification round, riders race against each other in an elimination format (heats) to determine a winner. Dual slalom courses often feature bermed corners, jumps, and other technical trail features.
Enduro	An extended timed descent or multiple timed descents in single or multiple stages over one or more days.

## CLASSES AND CATEGORIES QUALIFICATION REQUIREMENTS

### DOWNHILL (DH) NATIONAL CHAMPIONSHIP RACES

Male	Category Requirement	Qualification
Elite/Pro	Pro	Qualification not required
Junior 11-12	No category restrictions	Qualification not required
Junior 13-14	No category restrictions	Qualification not required
Junior 15-16	Cat 1	Qualification not required
Junior 17-18	Cat 1	Qualification not required
Amateur 19-24	Cat 1	Must qualify
Amateur 25-29	Cat 1	Must qualify
Masters 30-34	Cat 1	Must qualify
Masters 35-39	Cat 1	Must qualify
Masters 40-49	Cat 1	Must qualify
Masters 50-54	Cat 1	Must qualify
Masters 55+	No category restrictions	Qualification not required
Female	Category Requirement	Qualification
Elite/Pro	Pro	Qualification not required
Junior 11-12	No category restrictions	Qualification not required
Junior 13-14	No category restrictions	Qualification not required
Junior 15-16	Cat 1	Qualification not required
Junior 17-18	Cat 1	Qualification not required
Amateur 19-29	Cat 1	Must qualify
Masters 30-39	Cat 1	Must qualify
Masters 40-49	Cat 1	Must qualify
Masters 50-54	Cat 1	Must qualify
Masters 55+	No category restrictions	Qualification not required

### DUAL SLALOM (DS) NATIONAL CHAMPIONSHIP RACES

Male	Category Requirement	Qualification
Elite/Pro	Pro	Qualification not required
Junior 11-12	No category restrictions	
Junior 13-14	No category restrictions	
Junior 15-16	Cat 1	
Junior 17-18	Cat 1	
Amateur 19-29	Cat 1	
Masters 30-39	Cat 1	
Masters 40+	No category restrictions	

Female	Category Requirement	Qualification
Elite/Pro	Pro	Qualification not required
Women's 11+	No category restrictions	
<b>ENDURO (ED) NATIONAL CHAMPIONSHIP RACES</b>		
Male	Category Requirement	Qualification
Elite/Pro	No category restrictions	Qualification not required
Junior 13-14	No category restrictions	
Junior 15-16	No category restrictions	
Junior 17-18	No category restrictions	
Amateur 19-29	No category restrictions	
Masters 30-39	No category restrictions	
Masters 40-49	No category restrictions	
Masters 50-59	No category restrictions	
Masters 60+	No category restrictions	
Female	Category Requirement	
Elite/Pro	No category restrictions	Qualification not required
Junior 13-14	No category restrictions	
Junior 15-16	No category restrictions	
Junior 17-18	No category restrictions	
Amateur 19-29	No category restrictions	
Masters 30-39	No category restrictions	
Masters 40-49	No category restrictions	
Masters 50-59	No category restrictions	
Masters 60+	No category restrictions	
<b>NON-CHAMPIONSHIP RACES (all ages and genders)</b>		
Downhill (DH)	Cat 2 or Novice	Qualification not required
Dual Slalom (DS)	Cat 2 or Novice	Qualification not required
<b>QUALIFICATION PERIOD</b>		
The qualifying period will begin the first Saturday after the 2022 USA Cycling Mountain Bike National Championships and end the last Sunday before the 2023 USA Cycling Gravity Mountain Bike National Championships.		
<b>Qualification Start Date: July 31, 2022</b>		<b>Qualification End Date: July 09, 2023</b>
<b>QUALIFYING EVENTS</b>		
<a href="#">USA Cycling Mountain Bike State or Regional Championship</a>	Top 15 riders in each category and age-group/class	
<a href="#">National Downhill Series (NDHS)</a>	Top 15 riders in each category and age-group/class	
<a href="#">Defending USA Cycling Mountain Bike National Champions</a>	All defending national champions in DH are automatically qualified to register.	
<a href="#">USA Cycling sanctioned Downhill (DH) Mountain Bike Events</a>	Riders competing in any USA Cycling sanctioned downhill (DH) mountain bike event will qualify. <a href="#">USA Cycling will allow riders who do not meet race qualifications to petition for an exception to compete here.</a>	
<b>COMPETITION RACING AGE</b>		
Riders will compete in their respective age-group based on their official racing age determined on December 31, 2023.		
<b>PRO RIDERS – MASTERS AGE GROUPS</b>		
Pro riders must participate as a pro/elite and may not participate in age group championship events.		
<b>MASTERS QUALIFYING IN SAME CATEGORY/DIFFERENT AGE-GROUP</b>		
Masters racers qualifying in a younger age group and within the same category are eligible to compete only in their official age group and category at the national championships.		
<b>DH SEEDING &amp; FINALS PROCEDURES</b>		
Amateur downhill seeding will consider the returning national champion, aged up national champion and then USA Cycling rankings. For the Elite/Pro events, the returning national champion, UCI DHI rankings, NDHS ranking, and then USA Cycling rankings will be used for seeding. Rider USAC rankings will be frozen and pulled on July 11 at 8 a.m. MST and will posted on the event website for rider review.		
Riders must start their seeding run in order to advance to finals. Finals will be run based on slowest to fastest seeding.		

The rider's race clock starts at his or her assigned start time and will not be adjusted, and no new start time will be assigned. Racers who miss their assigned start will not be allowed to start their run until the last rider of either their own category or the very end of the competition, depending on available time gaps between categories, this is at the discretion of race management and officials. Decisions regarding this regulation, in cases of force majeure, may be taken by the officials in consultation with the Race Director.