USA CYCLING PARA CYCLING HIGH PERFORMANCE RESIDENCY PROGRAM

U.S. Olympic & Paralympic Training Center | Colorado Springs

1. Programme Overview

USA Cycling is committed to creating an environment in which Para Cycling athletes can achieve their full potential and compete successfully at the highest level of international competition.

The Para Cycling High Performance Residency Program provides selected athletes with the opportunity to become part of an integrated, world-class training environment based at the U.S. Olympic and Paralympic Training Center (USOPTC) in Colorado Springs.

For 2027, the program will support up to **seven athlete positions:**

- **Five fully funded on-site resident places** – athletes will relocate to Colorado Springs and become part of the daily high-performance training environment.
- **Two off-site places** – athletes will remain in their existing residential and training environments while receiving structured coaching, performance support and integration into the USA Cycling Para Cycling program.

Selection for the residency program will be performance-led, identifying athletes with the ambition, commitment and potential to progress towards international success and ultimately Paralympic Games Medals.

2. Purpose and ambition

The primary purpose of the program is to accelerate athlete development by providing access to the coaching, expertise, facilities and support required to achieve sustained international success.

The program will:

- Accelerate individual performance development.
- Create a daily environment of world-class behaviors, challenge and accountability.

- Integrate coaching, strength and conditioning, sport science, sports medicine, nutrition and sports psychology.
- Develop independent, professional and accountable athletes.
- Strengthen the USA Cycling Para Cycling pathway towards future World Championships and Paralympic Games.

Our ambition is to create more than a place to train. We want to establish a high-performance environment where athletes challenge and support one another, share a commitment to excellence and are inspired to achieve their full potential.

3. What the programme offers

Fully funded on-site resident athletes – five places

Selected resident athletes will receive a fully funded opportunity to live and train at the USOPTC in Colorado Springs.

The residency package will include:

- Accommodation at the USOPTC.
- Meals through the USOPTC dining program.
- Individualized coaching and performance development.
- Strength and conditioning support and facilities.
- Sports medicine and rehabilitation services.
- Sport science, testing and performance analysis.
- Mental health support.
- Nutritional guidance.
- Access to designated USOPTC training facilities and athlete services.
- Opportunities to train alongside other elite Olympic and Paralympic athletes.

Athletes will become part of the daily USA Cycling Para Cycling training environment, working closely with coaches and performance specialists to maximize their development.

The fully funded residency is a significant investment in each athlete and is designed to remove financial barriers that might otherwise limit their ability to pursue high-performance sport.

Domestic off-site athletes – two places

The non-resident positions provide an opportunity for athletes to benefit from the USA Cycling Para Cycling high-performance program while living away from the training center.

This recognizes that some athletes may already have an effective home support environment, established coaching relationships or personal, educational and professional commitments.

Support will be tailored to individual needs and may include:

- An individual performance development plan.

- Regular coaching contact and performance reviews.
- Access to selected USOPTC training camps and facilities.
- Sport science and performance support opportunities.
- Integration into relevant programme meetings and activities.
- Technical and tactical development support.

Non-resident athletes will remain connected to the wider USA Cycling Para Cycling program and will be expected to maintain regular engagement with program staff.

- The non-resident positions do not include the accommodation but they **do** include meals through the USOPTC dining program.

4. Application and selection

The program is aimed at athletes who demonstrate the potential, ambition and commitment to progress towards the highest levels of international Para Cycling competition.

Applicants will be asked to provide information covering:

- Sporting background and competition history.
- Current performance data and development trajectory.
- Existing coaching and training arrangements.
- Future realistic performance ambitions and objectives.
- Personal motivation for joining the program.
- How participation will support their development.

Applications should be made here **by 1st December 2027** and will be reviewed by USA Cycling Para Cycling leadership team with selection decisions to follow by 11th December 2027.

Selection will consider:

- Current and historical performance.
- International competitiveness and future medal potential.
- Capacity for further performance development.
- The potential benefit of residency compared with the athlete's existing environment.
- Individual development needs.
- Commitment and readiness to undertake a high-performance program.
- The athlete's ability to contribute positively to the program culture.

Selection will be based on overall suitability and anticipated performance benefit. Meeting the application criteria will not guarantee selection, and USA Cycling reserves the right not to fill all available positions.

Successful applicants will be invited to discuss the program and agree their individual commitments before accepting a place.

5. Athlete expectations and responsibilities

Being selected represents a significant opportunity and investment. In return, athletes are expected to demonstrate the professionalism, commitment and personal responsibility required to succeed in a high-performance environment.

All program athletes will be expected to:

Performance commitment

- Commit fully to their agreed individual performance programme.
- Work collaboratively with their coach and performance support team.
- Attend all scheduled training, competitions and program activities.
- Attend regularly scheduled physiological monitoring process.
- Set and pursue clear performance objectives.
- Engage positively in regular performance reviews.

Personal responsibility

- Demonstrate professionalism, integrity and accountability.
- Take responsibility for preparation, recovery, equipment and personal development.
- Communicate openly and honestly with program staff.
- Respect fellow athletes, coaches and the wider USOPTC community.

Program commitment

- Contribute positively to the culture and the daily training environment of the program.
- Comply with all USA Cycling and USOPC policies.
- Represent USA Cycling professionally.
- Support and challenge fellow athletes to achieve collective and individual success.

Resident athletes will be expected to live and train in Colorado Springs for the agreed residency period, with planned periods away incorporated into the annual training and competition program.

Non-resident athletes will be expected to maintain regular communication and fulfil their agreed training, monitoring and program participation commitments.

6. Performance reviews and continued participation

Each athlete will have an individual performance development plan, incorporating clear objectives, performance benchmarks and development priorities.

Progress will be reviewed regularly, considering:

- Training consistency and engagement.
- Physical and technical development.

- Competition performance and international progression.
- Progress against individual objectives.
- Engagement with coaching and performance support.
- Contribution to the wider program environment.

Formal review will take place six-months into the program (July 2027), providing an opportunity to recognize progress, identify development priorities and adjust individual plans.

Residency places will normally be awarded for a 12-month period and will expire 31st Dec 2027. Where residency places come to an end – 1 month notice will be given.

Continued participation and renewal will be subject to performance progress, engagement and fulfilment of program expectations.

Participation in the residency program does not guarantee selection or invitation for any USA Cycling teams or activities. USA Cycling national team designate status, World Cup, World Championships or Paralympic Games national teams selections and invitations are all covered by separate selection processes available through the USA Cycling website.