



USA CYCLING NATIONAL RECORDS

WOMEN MASTERS

Last Updated: 8/26/2025

Age Group	Distance	Performance	Name	World Record	Year	Venue / Date
TRACK						
Time Trial (Standing Start)						
30-34	500m	37.505	Suzie Marshall		2000	Manchester (GBR), 2000
35-39	500m	35.400	Jill Gianettoni		1996	Colorado Springs, CO - 8/12/1996
40-44	500m	35.870	Elisabeth Carlson		2012	Mar del Plata (ARG) - 3/1/2012
45-49	500m	35.328	Gea Johnson	*	2015	Colorado Springs, CO - 7/10/2015
50-54	500m	37.284	Kira Maximovich		2019	Carson, CA - 8/30/2019
55-59	500m	36.522	Gea Johnson	*	2022	Aguascalientes (MEX) - 10/18/2022
60-64	500m	39.375	Lisa Nutter		2025	Colorado Springs, CO - 8/8/2025
65-69	500m	41.771	Jan Palchikoff	*	2016	Colorado Springs, CO 11/19/2016
70-74	500m	42.656	Bonnie Woodbury	*	2013	Manchester (GBR) - 2013
75-79	500m	44.175	Bonnie Woodbury	*	2019	Manchester (GBR) - 2019
80-84	500m	43.699	Bonnie Woodbury	*	2024	Aguascalientes (MEX) - 8/12/2024
30-34	1000m	01:06.207	Mandy Marquardt		2025	Colorado Springs, CO - 8/24/2025
35-39	1000m	01:11.348	Andrea Villaroman		2025	Colorado Springs, CO - 8/24/2025
40-44	1000m	01:14.374	Lani Rowe		2019	Aguascalientes (MEX) - 4/6/2019
45-49	1000m	01:11.961	Jennifer Wagner		2025	Colorado Springs, CO - 8/24/2025
50-54	1000m	01:15.568	Tracy Jones-Martin		2025	Colorado Springs, CO - 8/24/2025
55-59	1000m	01:17.281	Gwenn Afton		2018	Aguascalientes (MEX) - 9/24/2018
60-64	1000m	01:14.382	Diane Percy		2025	Colorado Springs, CO - 8/24/2025
65-69	1000m	01:20.811	Mary Ellen Allen		2017	Aguascalientes (MEX) - 7/15/2017
70-75	1000m	01:24.355	Mary Ellen Allen		2021	Aguascalientes (MEX) - 8/18/2021
35-39	1-hour	40km755	Jacque Lockwood		2000	Manchester (GBR) - 2000
40-44	1-hour	47km061	Molly Van Houweling	*	2017	Aguascalientes (MEX) - 7/14/2017
45-49	1-hour	47km087	Molly Van Houweling	*	2019	Aguascalientes (MEX) - 8/19/2019
50-54	1-hour	46km427	Molly Van Houweling	*	2024	Aguascalientes (MEX) - 8/11/2024
55-59	1-hour	43km349	Andrea Smith		2024	Aguascalientes (MEX) - 8/12/2024
60-64	1-hour	42km328	Ruth Clemence	*	2022	Aguascalientes (MEX) - 8/23/2022
65-69	1-hour	40km775	Elizabeth Heller	*	2022	Aguascalientes (MEX) - 8/24/2022
70-74	1-hour	38km732	Mary Ellen Allen	*	2022	Aguascalientes (MEX) - 8/23/2022
75-79	1-hour	27km894	Patricia Baker	*	2014	Carson, CA - 10/31/2014
80-84	1-hour	27km447	Patricia Baker	*	2019	Carson, CA - 9/1/2019
Sprint (Best Time in Qualifying Time Trial)						
30-34	200m	10.814	Mandy Marquardt		2025	Colorado Springs, CO - 8/22/2025
35-39	200m	11.170	Missy Schwab	*	2025	Colorado Springs, CO - 8/9/2025
40-44	200m	11.080	Felice Beitzel		2025	Colorado Springs, CO - 8/22/2025
45-49	200m	11.435	Camie Kornely		2021	Aguascalientes (MEX) - 8/17/2021
50-54	200m	11.930	Camie Kornely	*	2025	Colorado Springs, CO - 8/6/2025
55-59	200m	11.634	Gea Johnson	*	2022	Aguascalientes (MEX) - 10/18/2022
60-64	200m	12.346	Lisa Nutter	*	2025	Colorado Springs, CO - 8/6/2025
65-69	200m	13.710	Charlotte Miller	*	2017	Colorado Springs, CO - 6/4/2017
70-74	200m	13.341	Charlotte Miller	*	2025	Colorado Springs, CO - 8/6/2025
75-79	200m	14.563	Bonnie Woodbury	*	2019	Manchester (GBR) - 2019
80-84	200m	14.106	Bonnie Woodbury	*	2024	Aguascalientes (MEX) - 8/10/2024
Time Trial (Flying Start)						
30-34	250m	13.949	Alissa Maglaty		2015	Aguascalientes (MEX) - 7/3/2015
55-59	250m	14.743	Gea Johnson		2022	Aguascalientes (MEX) - 10/18/2022
60-64	250m	16.145	Gwenn Afton		2022	Aguascalientes (MEX) - 8/22/2022
70-74	250m	17.428	Sara Stearns		2022	Aguascalientes (MEX) - 10/18/2022
Individual Pursuit						
30-34	2000m	02:33.697	Nancy Lux		2004	Colorado Springs, CO - 8/6/2004
35-39	2000m	02:28.277	Kimberly Zubris		2022	Carson, CA - 9/24/2022
40-44	2000m	02:24.753	Molly Van Houweling	*	2017	Aguascalientes (MEX) - 7/16/2017
45-49	2000m	02:22.237	Molly Van Houweling		2019	Aguascalientes (MEX) - 8/21/2019
50-54	2000m	02:26.663	Molly Van Houweling	*	2024	Aguascalientes (MEX) 8/12/2024
55-59	2000m	02:37.186	Diane Percy		2022	Carson, CA - 9/24/2022
60-64	2000m	02:32.513	Diane Percy	*	2025	Colorado Springs, CO - 8/7/2025
65-69	2000m	02:37.270	Elizabeth Heller	*	2022	Aguascalientes (MEX) - 8/23/2022
70-74	2000m	02:51.543	Mary Ellen Allen	*	2021	Aguascalientes (MEX) - 8/17/2021
75-79	2000m	03:07.432	Mary Ellen Allen	*	2025	Colorado Springs, CO - 8/7/2025



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80-84	2000m	03:04.458	Patricia Baker	*	2024	Aguascalientes (MEX) - 8/11/2024
30-34	4000m	05:04.594	Ellexi Snover		2025	Colorado Springs, CO - 8/24/2025
Team Pursuit (4-person)						
30+	3000m	03:51.772	Annette Hanson, Tracy Huber, Kele Murdin, Debbie Preller		2006	Colorado Springs, CO - 8/13/2006
35+	3000m	04:08.952	Lyndze Blosser, Kaitlyn Mittan, Brittany O'Neal, Laura Munoz		2024	Rock Hill, SC - 8/10/2024
45+	3000m	04:05.541	Kimberly Pettit, Christine D'Ercole, Gail Matherly, Diane Percy		2023	Rock Hill, SC - 8/13/2023
30+	4000m	05:15.187	Neva Day, Morgan Kapp, Sarah Munoz, Melanie Phillips		2014	Carson, CA 10/31/2014
Team Pursuit (3-person)						
30+	3000m	03:55.360	CJ Boyenger, Shane Ellis, Tara Unverzagt		2012	Carson, CA - 7/1/2012
35+	3000m	03:48.259	Sarah Munoz, Molly Van Houweling, Kylie Matulick		2017	Carson, CA - 6/4/2017
45+	3000m	03:59.930	Annette Williams, Suzanne Goodwin, Catherine Moore		2015	Rock Hill, SC - 7/25/2015
50+	3000m	03:56.844	Mary Ellen Allen, Lenita Anthony, Andi Smith		2017	Aguascalientes (MEX) - 7/16/2017
Team Sprint (3-laps)						
35+	750m	00:54.400	Jennifer Wagner, Emily Schelberg, Kimberly Zubris		2022	Carson, CA - 9/28/2022
45+	750m	00:58.923	Kimberly Pettit, Christine D'Ercole, Dana Walton		2024	Rock Hill, SC - 8/10/2024
55+	750m	00:59.183	Gwenn Afton, Diane Percy, Gail Materhly		2023	Rock Hill, SC - 8/13/2023
35+	1000m	01:09.682	Andrea Villaroman, Nao Nozawa, Caitlin Treat		2025	Colorado Springs, CO - 8/10/2025
45+	1000m	01:18.744	Cheryl Osborne, Camie Kornely, Christine D'Ercole		2021	Breinigsville, PA - 09/19/2021
55+	1000m	1;15.604	Dana Stryk, Gween Afton, Diane Percy		2025	Colorado Springs, CO - 8/10/2025
Team Sprint (2-laps)						
35+	500m	00:36.454	Dawn Orwick, Kira Maximovich		2019	Carson, CA - 9/1/2019
45+	500m	00:39.927	Christine D'Ercole, Camie Kornely		2019	Carson, CA - 9/1/2019
55+	500m	00:40.435	Annette Williams, Lan Tran		2019	Carson, CA - 9/1/2019
ROAD						
Time Trial						
55-59	20km	26:41.983	Julie Emmerman		2024	Moriarty, NM - 9/1/2024
60-64	20km	28:20.904	Pat Caldeira		2019	Hanover, CO - 8/8/2019
65-69	20km	28:23.800	Pat Caldeira		2022	Moriarty, NM - 9/4/2022
70-74	20km	33:00.020	Martha Iverson		2019	Moriarty, NM - 9/1/2019
75-79	20km	33:28.989	Martha Iverson		2024	Moriarty, NM - 9/1/2024
80-84	20km	33:31.956	Wendy Slean		2024	Moriarty, NM - 9/1/2024
85+	20km	48:24.340	Martha Hanson		2007	Moriarty, NM - 9/3/2007
30-34	40km	52:50.230	Phyllis Hines		1995	Dunlap, TN - 6/11/1995
35-39	40km	53:01.990	Vickie Marlatt		1997	Moriarty, NM - 8/31/1997
40-44	40km	52:48.270	Molly Van Houweling		2016	Moriarty, NM - 9/5/2016
45-49	40km	53:32.170	Molly Van Houweling		2019	Moriarty, NM - 9/2/2019
50-54	40km	55:08.680	Julie Emmerman		2019	Hanover, CO - 8/8/2019
55-59	40km	54:08.097	Julie Emmerman		2024	Moriarty, NM - 9/2/2024
Time Trial - Tandem						
70+	40km	53:01.950	Carolyn Donnelly, Paula Higgins		1997	Moriarty, NM - 9/1/1997
90+	40km	52:41.760	Elizabeth Benshin, Julie Kaplan		2002	Moriarty, NM - 9/1/2002