



USA CYCLING COACH CERTIFICATION AND LICENSE RENEWAL PROGRAM FOR 2025

Why Coaches Get Certified with USA Cycling

- 1. Professional Credibility:** Coaches tell us their license earns instant respect and credibility with athletes. Licensure aids the coach-athlete trust relationship and helps coaches set better pricing for their services.
- 2. Career Advancement:** Coaches get licensed to gain opportunities to coach at a higher level. By connecting with national-level professionals, coaches can become players on the regional and national stage.
- 3. Education:** Licensed coaches gain access to courses, events, and mentors that help them stay current on trends and research, which helps them coach more effectively.

USA CYCLING
Coaches License

LIC #: 210210

Name	Christine Peaks	Gender	Female	DOB	10/08/1990
State	CO	Status	Valid	Racing Age	35
License ID#	210210	Expiration	04/10/2026	Nationality	USA
UCI ID#	N/A				
Club/Team:	None				
Categories:	Coach Category 2				

PRINTED: 05/09/2025EXPIRES: 04/10/2026

Explore more benefits to licensing—
available *only* to USA Cycling coaches.

ANNUAL LICENSE FEE: \$110

PROFESSIONAL SUPPORT	BUSINESS SUPPORT	NETWORKING SUPPORT	COACHING KNOWLEDGE	COACH EDUCATION & DEVELOPMENT
Access to coaching and liability insurance protects your business and personal assets.	Be featured in the USA Cycling Find a Coach database.	Gain career advancement opportunities for regional and national coaching.	Get USA Cycling's Coach's Corner bimonthly newsletter to stay current on coaching topics and opportunities.	Learn from USA Cycling's expanding Online Course Catalog (50+ new courses releasing in 2025).
Background checks reassure athletes.	Be featured in the USA Cycling Find a Coach database.	Gain career advancement opportunities for regional and national coaching.	Get USA Cycling's Coach's Corner bimonthly newsletter to stay current on coaching topics and opportunities.	Free Fast Talk Laboratories Coach Membership: access to hundreds of coaching articles and videos.
SafeSport training safeguards youth.	Licensed coaches are cross-posted in the TrainingPeaks Coach Finder Database.	Become a mentor—or get a mentor—to expand coaching knowledge and techniques.	Receive The Spoke USA Cycling membership newsletter for race and general membership news.	Learn from USA Cycling's expanding Online Course Catalog (50+ new courses releasing win 2025).
USADA Coaching Advantage Training ensures you are up-to-date on anti-doping rules.	Gain opportunities to be featured in USA Cycling's coach newsletters.	Participate in monthly Coffee Chat events for news and networking.	Share your knowledge by producing webinars for USA Cycling (only for Advanced Certified, Level 1).	Participate in in-person and online coach license education courses.
Access to coaching and liability insurance protects your business and personal assets.	Show off your license with digital badges for your website and social profiles.	Participate in the national coaching conference and gain speaking opportunities.	Get the twice monthly Fast Talk Labs Coach Newsletter featuring coaching content.	
Professional credibility boosts trust and fair pricing.	Earn Specialization Certificates to differentiate yourself from competing coaches.	Gain access to the official USA Cycling Coaches Slack channel.		
	Access a free annual USA Cycling Non-Competitive Event Permit.			



For the most up-to-date program details and to see available coursework, click the QR code or scan it with your mobile device.

Effective December 2025



COACH CERTIFICATION PROGRAM

We're excited to share USA Cycling's redesigned **Coach Certification and License Renewal Program for 2025 and beyond**. This program, updated in 2025, is designed to help you deepen your expertise, advance your coaching career, and build specializations to demonstrate your qualifications to athletes.

To earn **USA Cycling's Level 3 Certified Coach license**, coaches must meet the following requirements:

STEP 1

Complete the Level 3 Certified Coach First-Time Certification Course.

This is an online course requiring approximately 6–7 hours to complete.

STEP 2

Complete SafeSport training.

STEP 3

Pass a background check.

STEP 4

Complete the U.S. Anti-Doping Agency's Coaching Advantage Tutorial.

LEVEL 3

Certified Coach



To earn **USA Cycling's Level 2 Intermediate Certified Coach license**, coaches must meet the following requirements:

STEP 1

Earn the Level 3 Certified Coach license.

STEP 2

Complete one year as a Level 3 Certified Coach.

STEP 3

Complete three Specialization Certificates. (Page 3)

STEP 4

Complete the Level 2 Intermediate Certification.

STEP 5

Maintain SafeSport certification and pass a background check.

STEP 6

Advance at least one athlete to race in any USA Cycling-sanctioned national championship.

LEVEL 2

Intermediate Certified Coach



To earn **USA Cycling's Level 3 Advanced Certified Coach license**, coaches must meet the following requirements:

STEP 1

Earn the Level 1 Intermediate Certified Coach license.

STEP 2

Complete three Advanced Specialization Certificates.

STEP 3

Participate in one USA Cycling National Team Camp event.

STEP 4

Maintain SafeSport certification and pass a background check.

STEP 5

Advance at least one athlete to any UCI-ranked race or one athlete to any national podium.

LEVEL 1

Advanced Certified Coach



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LICENSE RENEWAL PROGRAM

Each year, USA Cycling coaches are required to expand and deepen their coaching knowledge through continuing education. Continuing education is measured in **Continuing Education Units (CEUs)**. Each CEU is equivalent to about 1 hour of continuing education time. CEUs can be earned through online courses, in-person or online events, through mentorship, and other programs pre-approved by USA Cycling. **CEUs earned in excess of the annual requirement do not roll over to the next year.**

Annual License Renewal

To renew a **Level 3 Certified Coach license** or **Level 2 Intermediate Certified Coach license**, coaches must meet the following requirements:

Earn 10 CEUs per year.

5 CEUs must be earned through USA Cycling while up to 5 may be earned through third-party providers pre-approved by USA Cycling.

Every other year, complete an online refresher course.

**Certified (LEVEL 3)
& Intermediate
Certified (LEVEL 2)
Coach License
Renewals**



To renew a **Level 1 Advanced Certified Coach license**, coaches must meet the following requirements:

Earn 7 CEUs per year.

2 CEUs must be earned through USA Cycling while up to 5 may be earned through coach mentorship program.

*If the courses do not meet your needs, please contact USA Cycling to discuss other options.

Every other year, complete an online refresher course.

**LEVEL 1
Advanced
Certification
Coach License
Renewal**



For the most up-to-date program details and to see available coursework, click the QR code or scan it with your mobile device.

Effective December 2025



SPECIALIZATION CERTIFICATES

Starting in 2025, CEU courses and events provided by USA Cycling will be grouped into four topic areas called Specializations:



**ATHLETE
MANAGEMENT AND
DEVELOPMENT**



**PROGRAMMING AND
TRAINING DESIGN**



**PHYSIOLOGY
OF TRAINING**



**BUSINESS
SKILLS**

As coaches earn CEUs toward license renewal, they can also earn certificates in each Specialization. These certificates are optional for coaches, unless they are seeking a license upgrade. Coaches seeking a license upgrade must complete Specialization or Advanced Specialization Certificates as described in the Coach Certification Program.

To earn a **Specialization Certificate**, coaches must meet the following requirements:

STEP 1

Earn 10 CEUs within one Specialization.

At least 6 of these CEUs must be earned by completing courses. Specializations must be earned by completing CEUs offered directly from USA Cycling. CEUs from third-party providers do not qualify for earning Specializations.

STEP 2

**Complete the
101-Level Course for
the Specialization.**

**Specialization
Certificates**



CEUs and courses for a Specialization Certificate may be earned in any order, at any time. Specialization Certificates can be earned in a year or over several years.

To earn an **Advanced Specialization Certificate**, coaches must meet the following requirements:

STEP 1

**Earn 10 more CEUs within one Specialization
for a total of 20 CEUs.**

At least 12 of these CEUs must be earned by completing courses. Specializations must be earned by completing CEUs offered directly from USA Cycling. CEUs from third-party providers do not qualify for earning Specializations.

STEP 2

**Complete the
201-Level Course
for the Advanced
Specialization.**

**Advanced
Specialization
Certificates**



CEUs and courses for an Advanced Specialization Certificate may be earned in any order, at any time. Advanced Specialization Certificates can be earned in a year or over several years.



For the most up-to-date program details and to see available coursework, click the QR code or scan it with your mobile device.

Effective December 2025