



ENDURANCE MOUNTAIN BIKE NATIONAL CHAMPIONSHIPS

ROANOKE, VA | JULY 2026

Communique 6 Wednesday - July 15, 2026

Number Plate Pickup on Thursday, July 16

8:00AM – 6:00PM

Elmwood Park – XCC Venue - 505 Williamson Rd SE, Roanoke, VA 24011

XCC – Schedule Adjustment – Thursday, July 16

Registration for the Junior Women 15-16 group has grown and now necessitates a 3rd qualifier race. Please see the race schedule posted online and below for those details. Start lists posted on Wednesday, July 15th will denote which one of the three qualifier races you will participate in. Information has been updated in the qualification document to include the Junior Women 15-16 group for XCC. A link to that document can be found here:

<https://assets.usacycling.org/mtbnats/assets/2026-XCC-Qualifying-Heats-Protocol.pdf>

XCC – Qualifiers - Thursday, July 16th

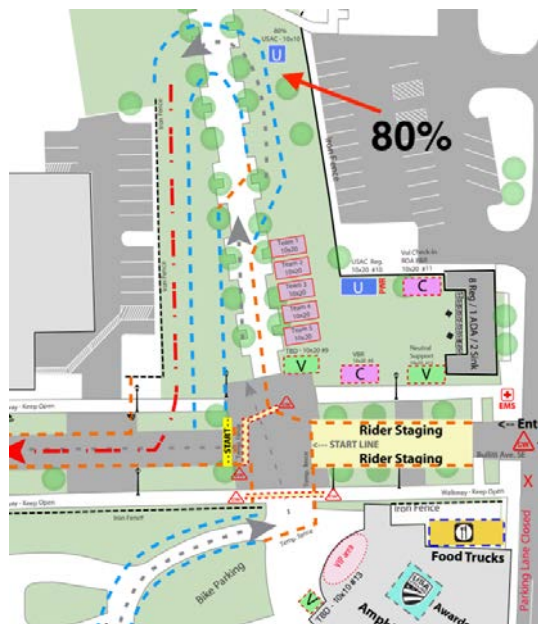
All qualifiers will be 10 minutes.

XCC – Practice - Thursday, July 16th

Out of respect to the groups racing Thursday, groups that raced Wednesday are not allowed to practice the XCC course. Number plates are required for all practice sessions.

Registration numbers for U23 Men do not necessitate qualifiers. All registrants go straight to finals. The time allotted for these qualifiers has been converted into XCC course practice. The race schedule is being updated to reflect this change and also listed below.

Entry and exit to the XCC course for practice will be at the 80% zone which is adjacent to the staging/start area. Do not enter or exit from any other area on the course other than 80%.





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XCC – Schedule - Thursday, July 16th

XCC QUALIFIERS & CHAMPIONSHIPS			
Thursday	July 16	Course/Location	
8:00 AM - 8:00 PM	Neutral Support open/close	XCC	Elmwood Park
8:00 AM - 6:00 PM	Registration/Number Plate Pick Up	XCC/XCO	Elmwood Park
8:00 AM - 10:00 AM	USAC Membership Skills Event - NO PRACTICE /ALL XCO COURSES CLOSED	XCO	Explore Park
11:00 AM - 3:00 PM	XCO Official Practice	XCO	Explore Park
8:00 AM - 8:45 AM	XCC Practice	XCC	Elmwood Park
9:00 AM	Junior Women 15-16 Qualifier 1	XCC	Elmwood Park
9:20 AM	Junior Women 15-16 Qualifier 2	XCC	Elmwood Park
9:40 AM	Junior Women 15-16 Qualifier 3	XCC	Elmwood Park
10:00 AM	Junior Men 15-16 Qualifier 1	XCC	Elmwood Park
10:20 AM	Junior Men 15-16 Qualifier 2	XCC	Elmwood Park
10:40 AM	Junior Men 15-16 Qualifier 3	XCC	Elmwood Park
11:00 AM	Junior Men 17-18 Qualifier 1	XCC	Elmwood Park
11:20 AM	Junior Men 17-18 Qualifier 2	XCC	Elmwood Park
11:40 AM	Junior Men 17-18 Qualifier 3	XCC	Elmwood Park
12:00 PM-1:45 PM	XCC Practice	XCC	Elmwood Park
2:00 PM	Junior Women 15-16	XCC	Elmwood Park
2:30 PM	Junior Women 17-18	XCC	Elmwood Park
3:00 PM	Women U23	XCC	Elmwood Park
3:30 PM	Junior Men 15-16	XCC	Elmwood Park
4:00 PM	Junior Men 17-18	XCC	Elmwood Park
4:30 PM	Men U23	XCC	Elmwood Park
5:00 PM	Awards 2:00 PM-4:30PM Starts	XCC	Elmwood Park
5:00 PM- 6:00 PM	XCC Practice Elite M/W	XCC	Elmwood Park
6:30 PM	Women Elite	XCC	Elmwood Park
7:00 PM	Men Elite	XCC	Elmwood Park
7:30 PM	Awards - Elite	XCC	Elmwood Park



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XCO – Junior 15-16 Men Qualification

Due to the registration count, all Junior Men 15-16 are qualified directly to the final. No LCQ will be held.

XCO – Schedule Change for Friday, July 17th

Due to the elimination of the Junior 15-16 LCQ, the Junior Men and Women 11-12 start times have been pushed 1 hour.

Junior Women 11-12: Old Start Time 7:00AM – New Start Time 8:00 AM

Junior Men 11-12: Old Start Time 8:15AM – New Start Time 9:15 AM

Practice was to begin at 6:15AM and has moved to 7:15AM.

The event race schedule is being updated to reflect this change and also listed below.

XCO QUALIFIERS & CHAMPIONSHIPS			
Friday	July 17		Course/Location
6:00 AM - 4:00 PM	Neutral Support open/close	XCO	Explore Park
7:00 AM - 4:00 PM	Registration/Number Plate Pick Up	XCO	Explore Park
7:15 AM - 7:45 AM	Practice - XCO	XCO	Explore Park
8:00 AM	Junior Women 11-12	XCO	Start Prologue + 2 Laps Blue
9:15 AM	Junior Men 11-12	XCO	Start Prologue + 2 Laps Blue
10:30 AM	Junior Men 17-18 Last Chance Qualifier	XCO	Start Prologue + 1 Lap Black
10:45 AM	Awards - Junior 11-12 (M/W)	XCO	XCO Finish Area
11:30 AM	Junior Women 13-14	XCO	Start Prologue + 2 Laps Red
1:00 PM	Junior Men 13-14	XCO	Start Prologue + 2 Laps Red
2:30 PM	Master Women 30-34	XCO	Start Prologue + 3 Laps Red
2:31 PM	Master Women 35-39	XCO	Start Prologue + 3 Laps Red
2:32 PM	Master Women 40-44	XCO	Start Prologue + 3 Laps Red
2:33 PM	Master Women 45-49	XCO	Start Prologue + 3 Laps Red
2:34 PM	Master Women 50-54	XCO	Start Prologue + 3 Laps Red
2:35 PM	Master Women 55-59	XCO	Start Prologue + 3 Laps Red
2:36 PM	Amateur Women 19-29	XCO	Start Prologue + 2 Laps Red
2:37 PM	Master Women 60-64	XCO	Start Prologue + 2 Laps Red
2:37 PM	Master Women 65-69	XCO	Start Prologue + 2 Laps Red
2:37 PM	Master Women 70+	XCO	Start Prologue + 2 Laps Red
2:45 PM	Awards - Junior 13-14 (M/W)	XCO	XCO Finish Area
4:00 PM	E - MTB (M/W)	XCO	Start Prologue + 4 Laps Red
4:02 PM	SS (M/W), Non-binary	XCO	Start Prologue + 3 Laps Red
5:30 PM	Amateur Men 19-29	XCO	Start Prologue + 3 Laps Red
5:32 PM	Master Men 30-34	XCO	Start Prologue + 3 Laps Red
5:34 PM	Master Men 35-39	XCO	Start Prologue + 3 Laps Red
5:40 PM	Awards - 2:30 PM & 4:00 PM Starts	XCO	XCO Finish Area
6:55 PM	Awards - 5:30 PM Starts	XCO	XCO Finish Area



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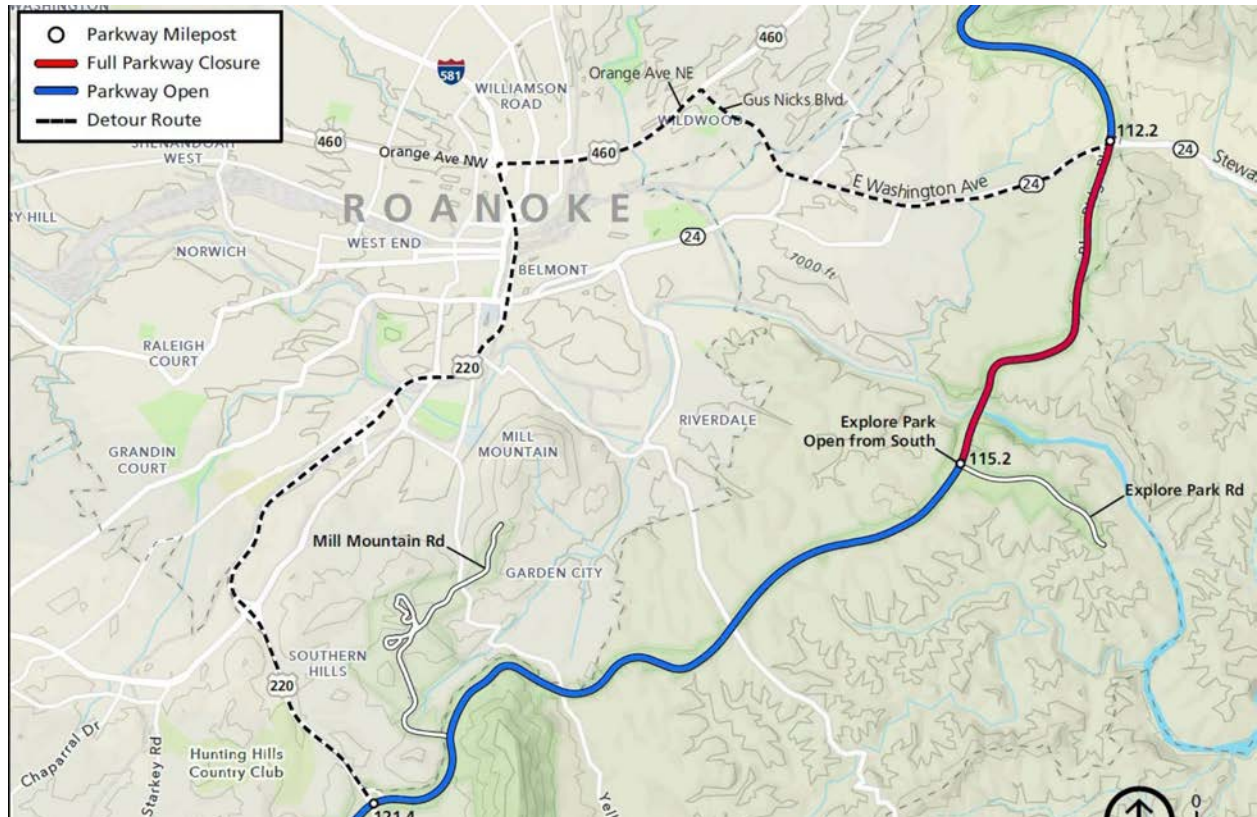
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XCO – Getting to Explore Park – Road Closure Alert

CLOSED: MP 112.4 VA Route 24 (Washington Ave) - MP 115 Explore Park Rd (Roanoke River Pkwy).

OPEN: MP 115 - MP 121.4 US Route 220.

<https://www.nps.gov/blri/planyourvisit/roadclosures.htm>





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XCO – Practice - Getting to Staging/Start/Warm Up Area

New for this year is a road from the Visitors Center area OR a gravel pathway adjacent to the Feed/Tech zone area of the course. During race days, please use the gravel pathway to get to the Feed/Tech zone and not the pavement which is the race course. Warm Up on the paved Greenway in the opposite direction of the start line. **There is 4+ miles of paved, vehicle free trail in that direction. We strongly encourage you to use this area for warming up and not the Blue Ridge Parkway**





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XCO – Warming Up on Blue Ridge Parkway

Designated warm-up areas have been established on the Greenway within Explore Park to accommodate cyclists wishing to warm-up in advance of the race. Should cyclists choose to warm up on the Blue Ridge Parkway leading up to the event, they will adhere to all traffic laws and safety protocols to keep the roadway safe for all users, including the following:

- a. Bicycles operated on the motor road must be equipped with front and rear facing mounted lights. Lights must be activated during any period of low visibility or when travelling through a tunnel.
- b. Unless actively passing another rider, participants must ride single file. Riding abreast is prohibited by federal regulation.
- c. Participants shall not occupy both lanes of traffic.
- d. All participants will adhere to all traffic control/direction in areas where road work is in progress.

Link to the Rider Information Page: <https://tinyurl.com/cadzxcwk7>

Link to Schedule, Maps & Tech Guide: <https://mtbnats.usacycling.org/endurance-mtb>

Link to Live Results: <https://my.raceresult.com/groups/7276/>