



ENDURANCE MOUNTAIN BIKE NATIONAL CHAMPIONSHIPS

ROANOKE, VA | JULY 2026

Communique 5 Tuesday - July 14, 2026

Number Plate Pickup on Wednesday, July 15th

7:30AM – 2:00PM

Elmwood Park – XCC Venue - 505 Williamson Rd SE, Roanoke, VA 24011

XCC – Schedule Adjustment – Thursday July 16

Registration for the Junior Women 15-16 group has grown and now necessitates a 3rd qualifier race. Please see the race schedule posted online for those details. Start lists posted on Wednesday, July 15th will denote which one of the three qualifier races you will participate in. Information has been updated in the qualification document to include the Junior Women 15-16 group for XCC. A link to that document can be found here:

<https://assets.usacycling.org/mtbnats/assets/2026-XCC-Qualifying-Heats-Protocol.pdf>

XCC – Practice - Wednesday, July 15th

Please be aware of the scheduled practice timeframe for your group. Practicing outside of this timeframe is not permitted. Plates are required for all practice sessions.

XCC CHAMPIONSHIPS			
Wednesday	July 15		Course/Location
7:30 AM - 2:00 PM	Registration/Number Plate Pick Up	XCC/XCO	Elmwood Park
8:00 AM - 5:00 PM	Neutral Support open/close	XCC	Elmwood Park
8:00 AM-8:45 AM	XCC Practice - Weds. Morning Starts	XCC	Elmwood Park
9:00 AM	Amateur Women 19-29	XCC	Elmwood Park
9:30 AM	Master Women 30+	XCC	Elmwood Park
10:00 AM	Amateur Men 19-29	XCC	Elmwood Park
10:30 AM	Master Men 30-39	XCC	Elmwood Park
11:30 AM	Master Men 40+	XCC	Elmwood Park
12:00 PM	Awards - Weds. Morning Starts	XCC	Elmwood Park
12:15 PM - 12:45 PM	XCC Practice - Weds. Jr. 11-12 Starts	XCC	Elmwood Park
1:00 PM	Junior Women 11-12	XCC	Elmwood Park
1:25 PM	Junior Men 11-12	XCC	Elmwood Park
1:45 PM - 2:15 PM	XCC Practice - Weds. Jr. 13-14 Starts	XCC	Elmwood Park
2:20 PM	Junior Women 13-14	XCC	Elmwood Park
2:45 PM	Junior Men 13-14	XCC	Elmwood Park
3:15 PM	Awards - Weds. Afternoon Starts	XCC	Elmwood Park
3:30 PM- 4:15 PM	XCC Practice - Thurs. Jr Men	XCC	Elmwood Park
4:15 PM- 5:00 PM	XCC Practice - Thurs. Jr./U23/Elite Women	XCC	Elmwood Park
5:00 PM-5:45 PM	XCC Practice - Thurs. U23/Elite Men	XCC	Elmwood Park
5:45 PM - 6:30 PM	XCC Practice - All	XCC	Elmwood Park

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XCO – Junior 15-16 Men Qualification

Due to the registration count, all Junior Men 15-16 are qualified directly to the final. No LCQ will be held.

XCO – Schedule Change for Friday, July 17th

Due to the elimination of the Junior 15-16 LCQ, the Junior Men and Women 11-12 start times have been pushed 1 hour.

Junior Women 11-12: Old Start Time 7:00AM – New Start Time 8:00 AM

Junior Men 11-12: Old Start Time 8:15AM – New Start Time 9:15 AM

The event race schedule is being updated to reflect this change.

XCO QUALIFIERS & CHAMPIONSHIPS			
Friday	July 17		Course/Location
6:00 AM - 4:00 PM	Neutral Support open/close	XCO	Explore Park
7:00 AM - 4:00 PM	Registration/Number Plate Pick Up	XCO	Explore Park
6:15 AM - 6:45 AM	Practice - XCO	XCO	Explore Park
8:00 AM	Junior Women 11-12	XCO	Start Prologue + 2 Laps Blue
9:15 AM	Junior Men 11-12	XCO	Start Prologue + 2 Laps Blue
NOT NEEDED	Junior Men 15-16 Last Chance Qualifier		
10:30 AM	Junior Men 17-18 Last Chance Qualifier	XCO	Start Prologue + 1 Lap Black
10:45 AM	Awards - Junior 11-12 (M/W)	XCO	XCO Finish Area
11:30 AM	Junior Women 13-14	XCO	Start Prologue + 2 Laps Red
1:00 PM	Junior Men 13-14	XCO	Start Prologue + 2 Laps Red
2:30 PM	Master Women 30-34	XCO	Start Prologue + 3 Laps Red
2:31 PM	Master Women 35-39	XCO	Start Prologue + 3 Laps Red
2:32 PM	Master Women 40-44	XCO	Start Prologue + 3 Laps Red
2:33 PM	Master Women 45-49	XCO	Start Prologue + 3 Laps Red
2:34 PM	Master Women 50-54	XCO	Start Prologue + 3 Laps Red
2:35 PM	Master Women 55-59	XCO	Start Prologue + 3 Laps Red
2:36 PM	Amateur Women 19-29	XCO	Start Prologue + 2 Laps Red
2:37 PM	Master Women 60-64	XCO	Start Prologue + 2 Laps Red
2:37 PM	Master Women 65-69	XCO	Start Prologue + 2 Laps Red
2:37 PM	Master Women 70+	XCO	Start Prologue + 2 Laps Red
2:45 PM	Awards - Junior 13-14 (M/W)	XCO	XCO Finish Area
4:00 PM	E - MTB (M/W)	XCO	Start Prologue + 4 Laps Red
4:02 PM	SS (M/W), Non-binary	XCO	Start Prologue + 3 Laps Red
5:30 PM	Amateur Men 19-29	XCO	Start Prologue + 3 Laps Red
5:32 PM	Master Men 30-34	XCO	Start Prologue + 3 Laps Red
5:34 PM	Master Men 35-39	XCO	Start Prologue + 3 Laps Red
5:40 PM	Awards - 2:30 PM & 4:00 PM Starts	XCO	XCO Finish Area
6:55 PM	Awards - 5:30 PM Starts	XCO	XCO Finish Area



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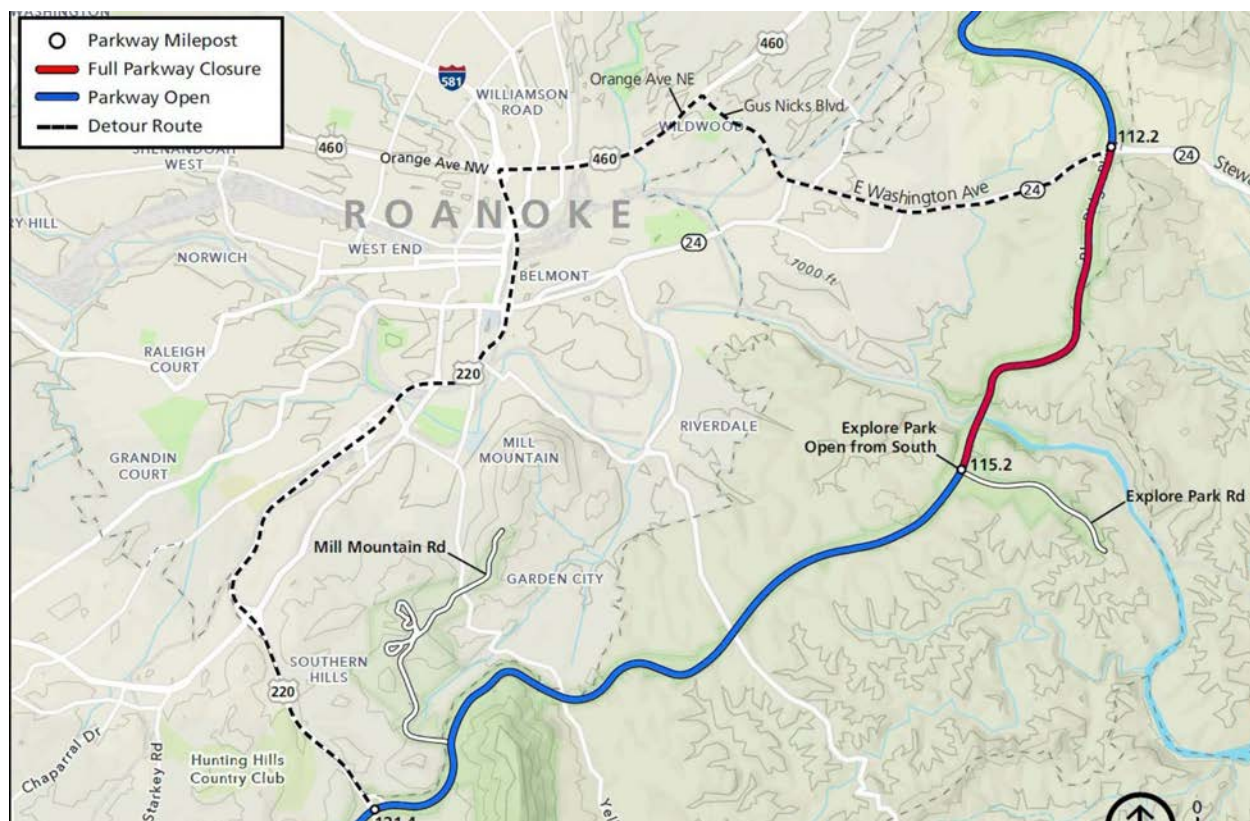
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XCO – Getting to Explore Park – Road Closure Alert

CLOSED: MP 112.4 VA Route 24 (Washington Ave) - MP 115 Explore Park Rd (Roanoke River Pkwy).

OPEN: MP 115 - MP 121.4 US Route 220.

<https://www.nps.gov/blri/planyourvisit/roadclosures.htm>





New for this year is a road from the Visitors Center area OR a gravel pathway adjacent to the Feed/Tech zone area of the course. During race days, please use the gravel pathway to get to the Feed/Tech zone and not the pavement which is the race course. Warm Up on the paved Greenway in the opposite direction of the start line. **There is 4+ miles of paved, vehicle free trail in that direction. We strongly encourage you to use this area for warming up and not the Blue Ridge Parkway**





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XCO – Practice - Drops

Blue Course – they will not be included in the race course

Red Course – they will not be included in the race course

Black Course – all drops will be open and included in the race course

XCO – Warming Up on Blue Ridge Parkway

Designated warm-up areas have been established on the Greenway within Explore Park to accommodate cyclists wishing to warm-up in advance of the race. Should cyclists choose to warm up on the Blue Ridge Parkway leading up to the event, they will adhere to all traffic laws and safety protocols to keep the roadway safe for all users, including the following:

- a. Bicycles operated on the motor road must be equipped with front and rear facing mounted lights. Lights must be activated during any period of low visibility or when travelling through a tunnel.
- b. Unless actively passing another rider, participants must ride single file. Riding abreast is prohibited by federal regulation.
- c. Participants shall not occupy both lanes of traffic.
- d. All participants will adhere to all traffic control/direction in areas where road work is in progress.

Link to the Rider Information Page: <https://tinyurl.com/cadzxxwk7>

Link to Schedule, Maps & Tech Guide: <https://mtbnats.usacycling.org/endurance-mtb>

Link to Live Results: <https://my.raceresult.com/groups/7276/>