



ENDURANCE MOUNTAIN BIKE NATIONAL CHAMPIONSHIPS

ROANOKE, VA | JULY 2026

Communiqué 4 Monday - July 13, 2026

Number Plate Pickup on Tuesday, July 14th

10:00AM – 5:00PM

Visit Virginia's Blue Ridge Office - 101 Shenandoah Ave NE, Roanoke, VA 24016

XCC – Schedule Adjustment – Thursday July 16

Registration for the Junior Women 15-16 group has grown and now necessitates a 3rd qualifier race. Please see the race schedule posted online for those details. Start lists posted on Wednesday, July 15th will denote which one of the three qualifier races you will participate in. Information has been updated in the qualification document to include the Junior Women 15-16 group for XCC. A link to that document can be found here:

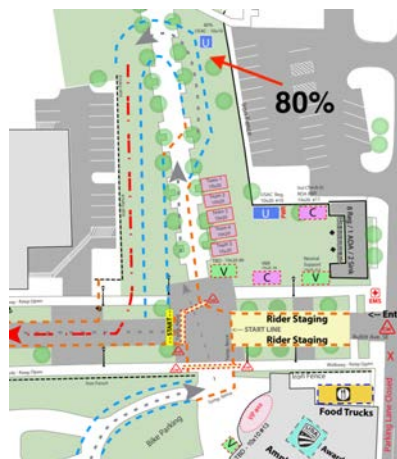
<https://assets.usacycling.org/mtbnats/assets/2026-XCC-Qualifying-Heats-Protocol.pdf>

XCC – Practice - Tuesday, July 14

Please be aware of the scheduled practice timeframe for your group. Practicing outside of this timeframe is not permitted.

Entry and exit to the course will be at the 80% zone which is adjacent to the staging/start area. Do not enter or exit from any other area on the course other than 80%.

PRACTICE DAY			
Tuesday	July 14	Course/Location	
10:00 AM - 6:00 PM	Neutral Support - visit Cardinal Bicycle at 1312 Winborne St SW		
10:00 AM - 5:00 PM	Number Plate Pick Up	XCC/XCO	Visit Virginia's Blue Ridge office
1:00 PM - 2:00 PM	XCC Practice - Weds. Amateur/Master Women	XCC	Elmwood Park
2:00 PM - 3:00 PM	XCC Practice - Weds. Amateur/Master Men	XCC	Elmwood Park
3:00 PM - 3:30 PM	XCC Practice - Weds. Junior 11 & 12	XCC	Elmwood Park
3:30 PM - 4:00 PM	XCC Practice - Weds. Junior 13 & 14	XCC	Elmwood Park
4:00 PM - 5:00 PM	XCC Practice - Thursday Starts Women	XCC	Elmwood Park
5:00 PM - 6:00 PM	XCC Practice - Thursday Starts Men	XCC	Elmwood Park
6:30 PM - 7:00 PM	XCC Practice - All	XCC	Elmwood Park





ENDURANCE MOUNTAIN BIKE NATIONAL CHAMPIONSHIPS

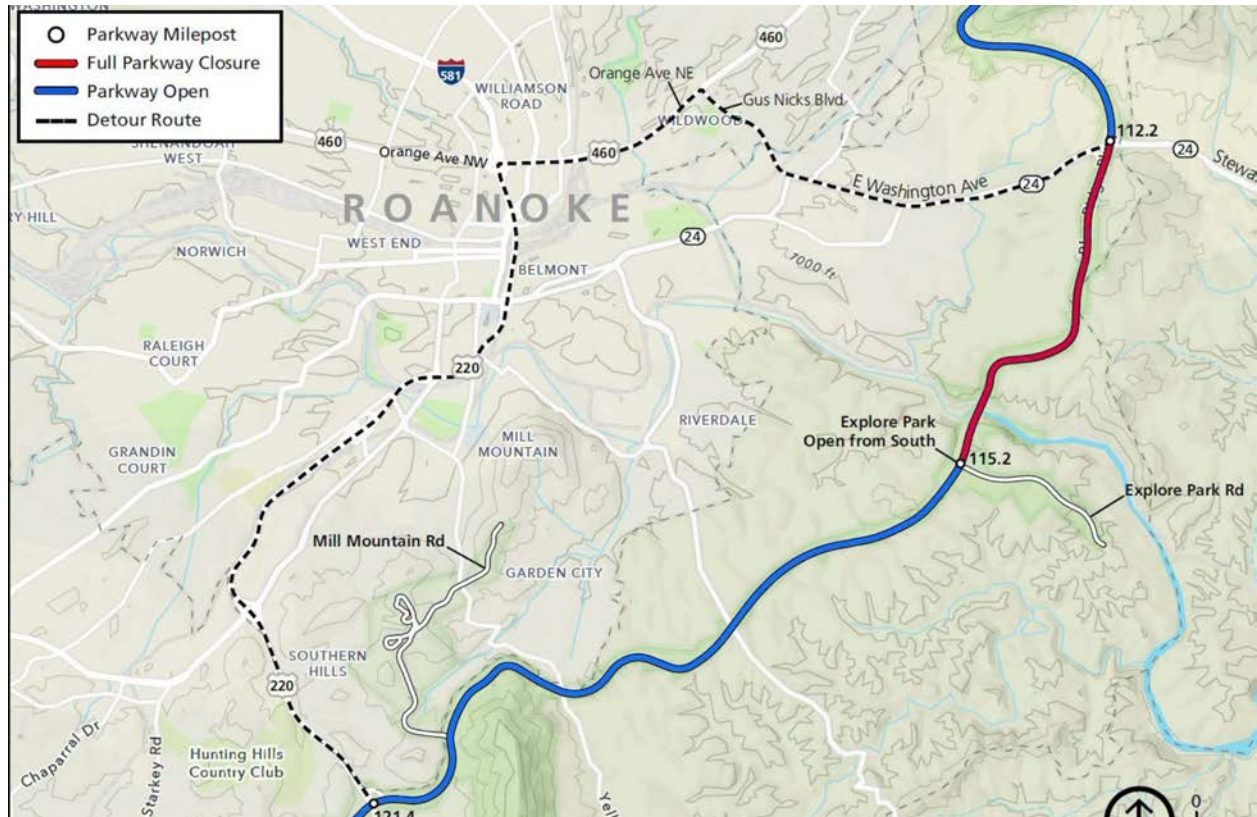
ROANOKE, VA | JULY 2026

XCO – Getting to Explore Park – Road Closure Alert

CLOSED: MP 112.4 VA Route 24 (Washington Ave) - MP 115 Explore Park Rd (Roanoke River Pkwy).

OPEN: MP 115 - MP 121.4 US Route 220.

<https://www.nps.gov/blri/planyourvisit/roadclosures.htm>





ENDURANCE MOUNTAIN BIKE NATIONAL CHAMPIONSHIPS

ROANOKE, VA | JULY 2026

XCO – Practice - Getting to Staging/Start/Warm Up Area

New for this year is a road from the Visitors Center area OR a gravel pathway adjacent to the Feed/Tech zone area of the course. Warm Up on the paved Greenway in the opposite direction of the start line. **There is 4+ miles of paved, vehicle free trail in that direction. We strongly encourage you to use this area for warming up and not the Blue Ridge Parkway**





ENDURANCE MOUNTAIN BIKE NATIONAL CHAMPIONSHIPS

ROANOKE, VA | JULY 2026

XCO – Practice - Drops

Blue Course – they will not be included in the race course

Red Course – they will not be included in the race course

Black Course – all drops will be open and included in the race course

XCO – Warming Up on Blue Ridge Parkway

Designated warm-up areas have been established on the Greenway within Explore Park to accommodate cyclists wishing to warm-up in advance of the race. Should cyclists choose to warm up on the Blue Ridge Parkway leading up to the event, they will adhere to all traffic laws and safety protocols to keep the roadway safe for all users, including the following:

- a. Bicycles operated on the motor road must be equipped with front and rear facing mounted lights. Lights must be activated during any period of low visibility or when travelling through a tunnel.
- b. Unless actively passing another rider, participants must ride single file. Riding abreast is prohibited by federal regulation.
- c. Participants shall not occupy both lanes of traffic.
- d. All participants will adhere to all traffic control/direction in areas where road work is in progress.

Link to the Rider Information Page: <https://tinyurl.com/cadzxxwk7>

Link to Schedule, Maps & Tech Guide: <https://mtbnats.usacycling.org/endurance-mtb>

Link to Live Results: <https://my.raceresult.com/groups/7276/>