



ENDURANCE MOUNTAIN BIKE NATIONAL CHAMPIONSHIPS

ROANOKE, VA | JULY 2026

Communique 2 Saturday - July 11, 2026

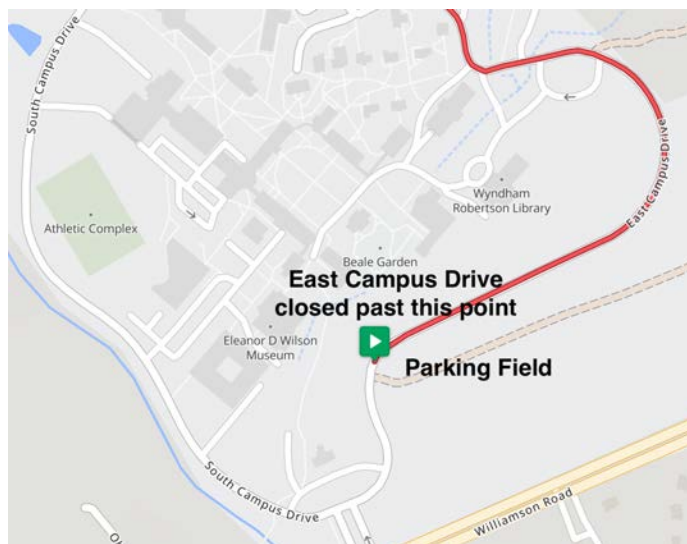
Number Plate Pickup on Sunday July 12th

6AM – 8:45AM at Hollins University- Start/Staging Area

XCM – Hollins Univ. Roads

Do not drive on East Campus Drive past the parking field before or on race day. Bicycles are OK on that road.

West Campus Drive will be closed on race day and open up after the final start at 9:14.



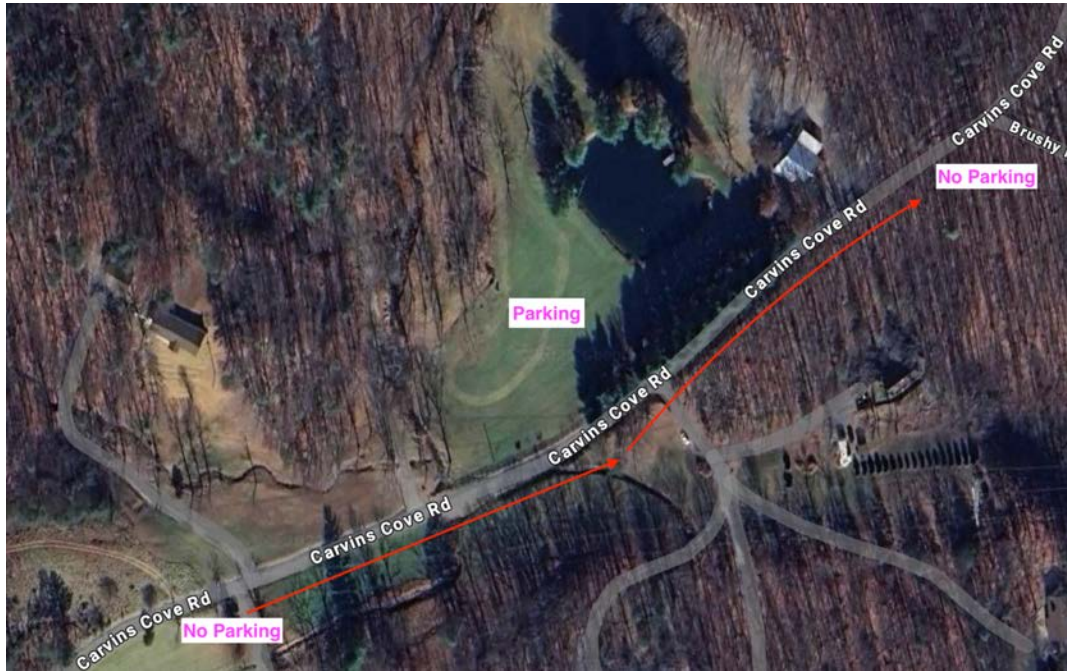


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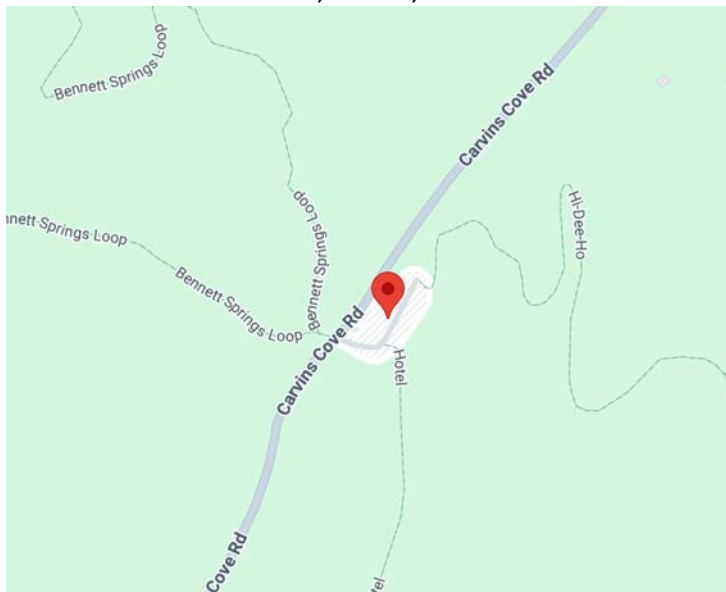
XCM – Feed/Tech Zone - Parking

Parking near the Red Barn area is for team mechanics and soigneurs only
No parking along the road



XCM – Spectator - Parking

Bennet Springs Parking Lot
4300 Carvins Cove Road, Salem, VA 24153





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XCM/XCO – Feed Zone Guidelines



FEED ZONE / TECH ZONE QUICK GUIDELINES

1		BE READY, STAY ALERT Face oncoming riders at all times—riders are faster than you may expect. Stay focused, anticipate your rider, and avoid distractions. Never turn your back near the race course.
2		NO RUNNING Move deliberately and under control. Running creates collisions, missed handoffs, and unsafe situations. Running alongside your rider is grounds for dismissal.
3		FEED SAFELY Hand bottles cleanly from the side with a firm, predictable motion. Do not toss, drop, or “dump” bottles onto riders. Open the cap and hold the bottle securely by the valve.
4		STEP IN, STEP OUT Stay off the race line at all times. Step in only as your rider arrives, complete the handoff or service, and immediately clear the lane. Keep one foot behind the ground marking when feeding.
5		KEEP IT QUICK Be prepared and organized to execute efficiently and clear space for others. When possible, bring the bike behind the service line for mechanical support.
6		NO SPECTATING This is a work zone only—no watching the race, filming, or photos. No children or animals. Only active support personnel are allowed in the zone.
7		WEAR IDENTIFIABLE TEAM CLOTHING Make it easy for your rider to find you at speed. Clear, consistent apparel prevents confusion and missed feeds.
8		KEEP THE ZONE CLEAN AND CLEAR Keep bottles, tools, and equipment organized and out of the rider line. Remove unused items promptly and place bottles in appropriate receptacles.
9		SELF-POLICE THE ZONE Take responsibility for your actions and help manage the space. Address unsafe behavior or notify an official—everyone shares responsibility for a safe, fair zone.

FOR MORE INFORMATION, SCAN BELOW:

SAFESPORT CODE



[uscenterforsafesport.org/
response-and-resolution/safesport-code/](https://uscenterforsafesport.org/response-and-resolution/safesport-code/)

MAAPP POLICY



maapp.uscenterforsafesport.org/



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XCC – Schedule Adjustment – Thursday July 16

Registration for the Junior Women 15-16 group has grown and now necessitates a 3rd qualifier race. Please see the race schedule posted online for those details. Start lists posted on Wednesday, July 15th will denote which one of the three qualifier races you will participate in.

Information has been updated in the qualification document to include the Junior Women 15-16 group for XCC. A link to that document can be found here:

<https://assets.usacycling.org/mtbnats/assets/2026-XCC-Qualifying-Heats-Protocol.pdf>



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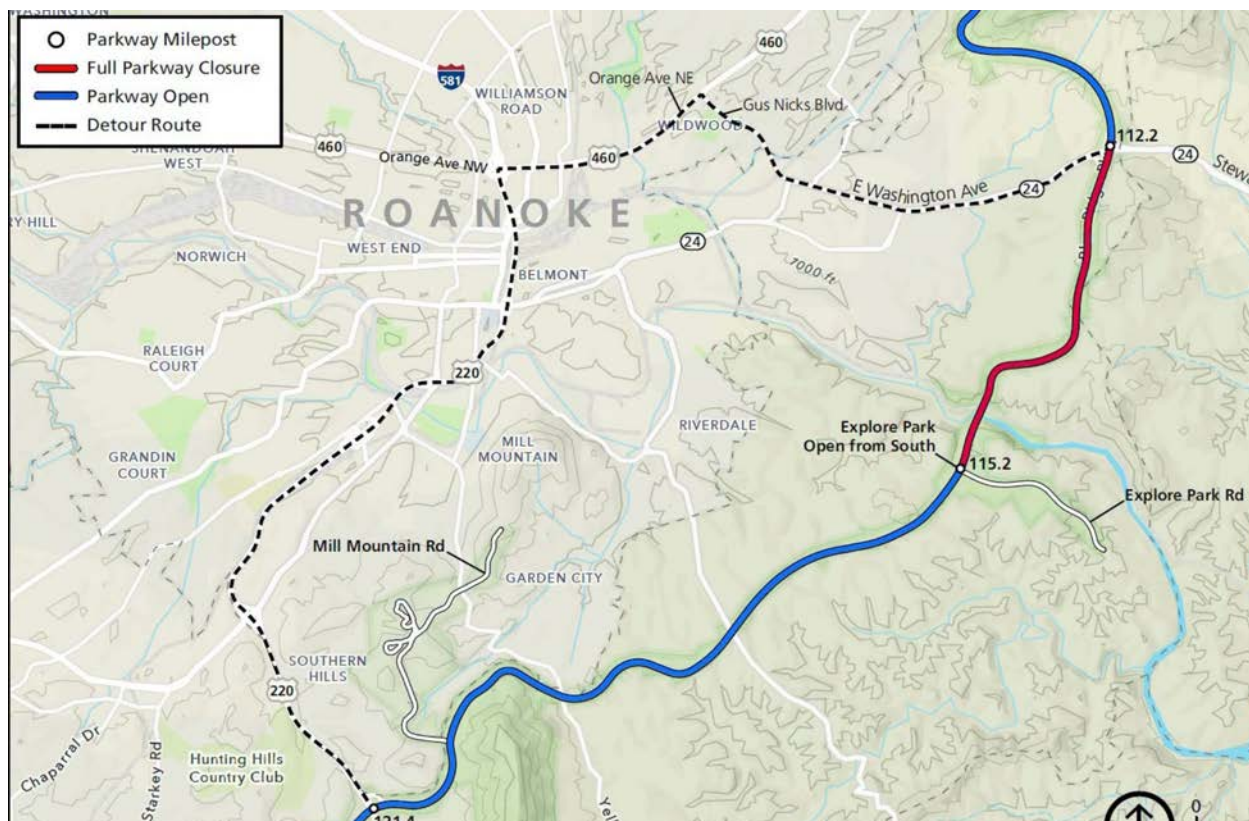
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XCO – Getting to Explore Park – Road Closure Alert

CLOSED: MP 112.4 VA Route 24 (Washington Ave) - MP 115 Explore Park Rd (Roanoke River Pkwy).

OPEN: MP 115 - MP 121.4 US Route 220.

<https://www.nps.gov/blri/planyourvisit/roadclosures.htm>





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XCO – Practice - Getting to Staging/Start/Warm Up Area

New for this year is a road from the Visitors Center area OR a gravel pathway adjacent to the Feed/Tech zone area of the course. Warm Up on the paved Greenway in the opposite direction of the start line. **There is 4+ miles of paved, vehicle free trail in that direction. We strongly encourage you to use this area**





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XCO – Practice - Drops

Blue Course – they will not be included in the race course

Red Course – they will not be included in the race course

Black Course – all drops will be open and included in the race course

XCO – Warming Up on Blue Ridge Parkway

Designated warm-up areas have been established on the Greenway within Explore Park to accommodate cyclists wishing to warm-up in advance of the race. Should cyclists choose to warm up on the Blue Ridge Parkway leading up to the event, they will adhere to all traffic laws and safety protocols to keep the roadway safe for all users, including the following:

- a. Bicycles operated on the motor road must be equipped with front and rear facing mounted lights. Lights must be activated during any period of low visibility or when travelling through a tunnel.
- b. Unless actively passing another rider, participants must ride single file. Riding abreast is prohibited by federal regulation.
- c. Participants shall not occupy both lanes of traffic.
- d. All participants will adhere to all traffic control/direction in areas where road work is in progress.

Link to Schedule, Maps & Tech Guide: <https://mtbnats.usacycling.org/endurance-mtb>

Link to Live Results: <https://my.raceresult.com/groups/7276/>