



# CROSS-COUNTRY MOUNTAIN BIKE

NATIONAL CHAMPIONSHIPS

JULY 17–21, 2024

MACUNGIE, PA

## Communiqué #6

### 1. Schedule Changes

Schedule changes for Saturday, July 20:

- The start of the Men U23 Pro/Cat 1 is changed from 12:15 p.m. to 12:30 p.m. All other races will be started at the original times.
- All awards ceremonies will start 15 minutes later than originally scheduled, e.g. the awards for the Junior 17-18 men and women, originally scheduled for 11:00 a.m., will now begin at 11:15 a.m., and so on.
- Sunday's racer meeting will be postponed to start at 6:15 p.m. to accommodate the awards for the rescheduled awards for the Elite men and women.

### 2. Lap Counts for XCO races (all black course)

Junior women 17-18	3 laps
Junior men 17-18	4
laps	
U23 women	4 laps
U23 men	5 laps
Elite women	4 laps
Elite men	5 laps

All categories will have the choice to ride either the A-Line or the B-line. Please note that shortly before the decision point which line to use, a red flag will indicate whether the A-Line is temporarily closed due to a medical or other emergency, and the B-Line must be used instead. Thus, racers should acquaint themselves with both lines in training.

The 80% rule will be applied in all six races.

### **3. Race results and potential protests**

All race results will be posted in paper form on the bulletin board in the awards plaza, for the customary 15-minute protest period. In case of a protest, immediately go to the registration area and see USAC official Leslie (blue shirt) with a detailed description of the issue. Race results will also be viewable online, but the official protest period is based on the posted and time-stamped paper copies.

### **4. Primary Feed / Technical Assistance Zone (lakefront)**

To feed your rider and/or provide technical assistance you **MUST** pick up a pit pass at least one hour before the respective race start of your rider at the registration table (up to two passes per rider will be issued).

The lakefront zone is not segregated into separate areas for feeding and technical assistance. Support personnel are asked to place coolers, wheels, pumps, etc. well outside of the white line to avoid potentially dangerous situations. Technical assistance must be provided in a safe area, respecting other riders progress through the zone and avoiding hazardous situations.

### **5. Secondary Tech Assistance Zone (top of gravel road)**

The upper zone may be used for technical assistance **ONLY** because of safety concerns due to the relatively high speed with which racers will pass through the zone.

Support personnel are not allowed to spray water on riders, nor are they allowed to provide any food or drink.

There will be a table with a water cooler at the end of the zone for emergency purposes only. Riders in need are allowed to stop at this table, positioned well off-course, to personally refill their bottle. This cooler is not meant for team purposes.

Pit passes will **NOT** be required for this secondary technical assistance.

### **6. General Safety Concerns**

When crossing the course in the lodge area, please observe the instructions of the

crossing guards as well as exercise enhanced caution as you will be crossing two lanes of traffic.

When warming up on the resort roads, please observe normal traffic patterns and do not ride into the one-way road.

## **7. Race Plates**

Please observe the obligation to affix your race plate before riding any of the courses during official practices.

## **8. USAC's Safe Sport / MAAPP policies**

This is a reminder to please review USA Cycling's Safe Sport Program [Policies](#), including reporting [requirements](#) and the Minor Athlete Abuse Prevention Policies ([MAAPP](#)).

Jürgen HEISE  
Chief Referee