



CROSS-COUNTRY MOUNTAIN BIKE

NATIONAL CHAMPIONSHIPS

JULY 17–21, 2024

MACUNGIE, PA

Communiqué #5

1. Schedule Changes

Schedule changes for Friday, July 19: ALL awards ceremonies will start 30 minutes later than originally scheduled, e.g. the awards for the 7:00 a.m. start wave, originally scheduled for 8:30 a.m., will now begin at 9:00 a.m., and so on.

Friday's racer meeting will be postponed to start at 6:45 p.m. to accommodate the awards for the Junior men 15-16, which are now scheduled to start at 6:30 p.m.

2. Lap Counts for XCO races (all blue course)

Junior men 11-12	2 laps
Junior men 13-14	2 laps
Junior women 13-14	2 laps
Junior women 11-12	2 laps

The above categories will NOT ride the A-Line and will be required to ride the B-Line.

All women ages 19 to 59	3 laps
All women ages 60 to 89	2 laps
All men ages 19 to 49	3 laps

The above categories will have the choice to ride either the A-Line or the B-line, based on their ability and level of confidence. Please note that shortly before the decision point which line to use, a red flag will indicate whether the A-Line is temporarily closed due to a medical or other emergency, and the B-Line must be used instead. Thus, racers should acquaint themselves with both lines in training.

The paragraph above also applies to the Junior women and men 15-16 who will race on the black course.

Racers who are starting their final lap at 20 minutes before the start of the next start

wave will be asked to withdraw at the 80% gate shortly after the finish line. Racers will be placed in accordance to their completed race time and placed in the results shown as one lap down.

3. Lap Counts for XCO races (both black course)

Junior women 15-16	3 laps
Junior men 15-16	3 laps

Please refer to the A-Line / B-line explanations in point 2.

4. Race results and potential protests

All race results will be posted in paper form on the bulletin board in the awards plaza, for the customary 15-minute protest period. In case of a protest, immediately go to the registration area and see USAC official Leslie (blue shirt) with a detailed description of the issue. Race results will also be viewable online, but the official protest period is based on the posted and time-stamped paper copies.

5. Primary Feed Zone (lakefront)

To feed your rider you **MUST** pick up a feed zone pass at least one hour before the respective race start of your rider at the registration table (up to two passes per rider will be issued).

On Friday, no categories will be eligible to use technical assistance (which is reserved for the UCI categories [Junior 17-18, U-23, Elite] only).

6. Secondary Tech Assistance Zone (top of hill; eligible races on Saturday only)

To aid your planning for the UCI category races on Saturday, the upper Tech Assistance Zone (top of the gravel road) will **NOT** be a feed zone, because of safety concerns due to the relatively high speed with which racers will pass through the zone. This is strictly a technical assistance zone for those categories that are eligible (see point 5).

Support personnel are not allowed to spray water on riders, nor are they allowed to provide any food or drink.

There will be a table with a water cooler at the end of the zone for emergency purposes only. Riders in need are allowed to stop at this table, positioned well off-course, to personally refill their bottle. This cooler is not meant for team purposes.

Pit passes will not be required for this secondary technical assistance zone (but will be required for the primary feed / tech zone, lakefront).

7. General Safety Concerns

When crossing the course in the lodge area, please observe the instructions of the crossing guards as well exercise enhanced caution as you will be crossing two lanes of traffic.

When warming up on the resort roads, please observe normal traffic patterns and do not ride into the one-way road.

8. Race Plates

Please observe the obligation to affix your race plate before riding any of the courses during official practices.

9. USAC's Safe Sport / MAAPP policies

This is a reminder to please review USA Cycling's Safe Sport Program [Policies](#), including reporting [requirements](#) and the Minor Athlete Abuse Prevention Policies ([MAAPP](#)).

Jürgen HEISE
Chief Referee