



GRAVITY MOUNTAIN BIKE

NATIONAL CHAMPIONSHIPS

JULY 31–AUGUST 4, 2024

RIDE ROCK CREEK, NC

Communiqué #5

Enduro:

Shuttles will start running at 7:15. Pro Men and Pro Women and Men 17/18 racers will load on the shuttle first. Other categories to follow. First riders will drop at 7:30. You will not be penalized for missing your start time. Start times are a strong suggestion to minimize congestion and maintain efficient shuttling. Please be advised DH Practice starts at 8am and there may be longer lift wait time as we approach 8am.

Full face helmets are not required.

There will be a Michelin Neutral Feedzone at the bottom of Stage 1/2/3/4. Water, Jam Bars and other assorted snacks will be provided.

Stages must be done in order along with stage transfers. Anyone caught doing stages out of order or bypassing transfers will be disqualified. The last stage must be started BEFORE 1:30PM.

DH:

Downhill practice will continue as scheduled. You must have completed at least two practice runs to start seeding.

Seeding for Group A and Group B will start at 2:30pm. Please see published start list for your start time. You MUST start your run at your scheduled time. If you do miss your start time, will be inserted after your group at the start official's discretion. Your clock will start running from your scheduled time.

You must start and break the beam to continue on to finals on Sunday.

Reruns will only be granted if you are impacted by a course hold. Please see the Chief Referee at the finish line to request a rerun. Reruns will not be granted for crashes, mechanicals or running into traffic

Katsu TANDA
Chief Referee