



GRAVITY MOUNTAIN BIKE

NATIONAL CHAMPIONSHIPS

JULY 31–AUGUST 4, 2024

RIDE ROCK CREEK, NC

Wednesday, Jul 31	Start Time	End Time
Athlete Registration / Check-In	10:00 AM	6:00 PM
Ride Rock Creek Open, Public Lift Hours	10:00 AM	6:00 PM
Thursday, Aug 1	Start Time	End Time
Athlete Registration / Check-In	8:00 AM	6:00 PM
Bike Park Open, Public Lift Hours	10:00 AM	6:00 PM
Enduro Practice (All Classes) (Course Open to Public)	10:00 AM	5:00 PM
Downhill Track Inspection (Dedicated Track Walk)	10:00 AM	11:30 AM
Downhill Practice Group C	12:00 PM	2:00 PM
Downhill Practice Group B	2:00 PM	4:00 PM
Downhill Practice Group A	4:00 PM	6:00 PM
Dual Slalom Practice / Qualifying (Non-Champ)	1:00 PM	3:00 PM
Dual Slalom Finals (Non-Champ)	4:00 PM	TBD
Rider Meeting to follow (time subject to change)	6:00 PM	6:30 PM
Friday, Aug 2	Start Time	End Time
Athlete Registration / Check-In	8:00 AM	6:00 PM
Bike Park Open, Public Lift Hours	10:00 AM	6:00 PM
Enduro Practice (All Classes) (Course Open to Public)	10:00 AM	5:00 PM
Downhill Practice Group A	8:00 AM	11:00 AM

Downhill Practice Group B	11:00 AM	2:00 PM
Downhill Practice Group C	2:00 PM	5:00 PM
Downhill Track Open for Walking Inspection Only	5:00 PM	6:00 PM
Dual Slalom Practice Session #1 (Group B)	9:00 AM	10:00 AM
Dual Slalom Qualifying Session #1 (Group B)	10:00 AM	11:00 AM
Dual Slalom Practice Session #2 (Group A)	11:30 AM	12:30 PM
Dual Slalom Qualifying Session #2 (Group A)	12:30 PM	1:30 PM
DUAL SLALOM FINALS (B, A)	2:30 PM	TBD
Dual Slalom Awards	Immediately Following Finals	
Rider Meeting to follow awards (time subject to change)	6:00 PM	6:30 PM
Saturday, Aug 3	Start Time	End Time
Athlete Registration / Check-In	7:00 AM	4:00 PM
Enduro Pro Women/Men ONLY - Shuttles 1 & 2	7:15 AM	Pro Riders Only at this time
All Amateur Enduro Women/Men - Shuttles	Immediately Following the last PRO Shuttle	Available after Pro Men/Women
Bike Park Open, Public Lift Hours	10:00 AM	6:00 PM
ENDURO RACE	8:00 AM	1:30 PM
Enduro Awards (FOLLOWING DH SEEDING)	1:30 pm cutt off: Your last segment must be started by 1:30 pm	
Downhill Practice Group C	8:00 AM	10:00 AM
Downhill Practice Group B	10:00 AM	12:00 PM
Downhill Practice Group A	12:00 PM	2:00 PM
DOWNHILL SEEDING/QUALIFYING (B, A)	2:30 PM	4:45 PM
Last Lift Up For Track Walking	5:00 PM	6:00 PM
Enduro Awards	Enduro Awards - following the end of DH Qualifying	

Rider Meeting to follow awards (time subject to change)	6:30 PM	7:00 PM
Sunday, Aug 4	Start Time	End Time
Bike Park Open, Public Lift Hours	7:30 AM	6:00 PM
Downhill Practice Group C	8:00 AM	9:00 AM
Downhill Practice Group B	9:00 AM	10:00 AM
Downhill Practice Group A	10:00 AM	11:00 AM
DOWNHILL FINALS (C, B, A)	11:15 AM	
Downhill Awards	Immediately Following Finals	
Monday, Aug 5	Start Time	End Time
Ride Rock Creek is CLOSED MONDAY	closed	closed
PRACTICE GROUP KEY:		
Practice will be broken into three groups (subject to change based on final registration numbers):		
DH Group A - Mens Elite/Pro, Men Cat 1 (17-18), Men Cat 1 (15-16)		
DH Group B - Women Elite/Pro, All Cat 1 Categories - [Except Men Cat 1 (17-18) & Men Cat 1 (15-16)]		
DH Group C - All Cat 2/Novice Categories (NON-CHAMPS) (AM TRACK)		

Updated: 7/18/24