



ENDURANCE MOUNTAIN BIKE NATIONAL CHAMPIONSHIPS

ROANOKE, VA

JULY 12-19, 2026

Updated April 2, 2026

DAY / TIME	EVENT / DATE	DISCIPLINE	LOCATION
Saturday			
July 11			
Course/Location			
9:00 AM - 6:00 PM	Neutral Support - visit Cardinal Bicycle at 1312 Winborne St SW		
10:00 AM - 5:00 PM	Number Plate Pick Up	XCM	Visit Virginia's Blue Ridge office
1:00 PM - 5:00 PM	XCM Practice	XCM	Hollins Univ. / Carvins Cove
5:30 PM - 7:00 PM	Rider Meeting	XCM	Freedom First Credit Union Community Room
XCM National Championships			
Sunday			
July 12			
Course/Location			
5:00 AM	XCM Venue Opens	XCM	Hollins University
5:30 AM - 9:15 AM	Neutral Support open/close	XCM	Hollins University
6:00 AM - 8:45 AM	Number Plate Pick Up	XCM	Hollins University
6:45 AM	19+ Elite Men	XCM	Hollins Univ. / Carvins Cove
6:48 AM	19+ Elite Women	XCM	Hollins Univ. / Carvins Cove
8:30 AM	19-29 & SingleSpeed M	XCM	Hollins Univ. / Carvins Cove
8:33 AM	17-18 M	XCM	Hollins Univ. / Carvins Cove
8:36 AM	30-34 & 35-39 M	XCM	Hollins Univ. / Carvins Cove
8:39 AM	40-44 M	XCM	Hollins Univ. / Carvins Cove
8:42 AM	45-49 M	XCM	Hollins Univ. / Carvins Cove
8:45 AM	15-16 M	XCM	Hollins Univ. / Carvins Cove
8:48 AM	50-54 M	XCM	Hollins Univ. / Carvins Cove
8:51 AM	55-59 M	XCM	Hollins Univ. / Carvins Cove
8:54 AM	60-64 M	XCM	Hollins Univ. / Carvins Cove
8:56 AM	17-18 W	XCM	Hollins Univ. / Carvins Cove
8:58 AM	19-29 W, Singlespeed W, 30-34 W, 35-39 W	XCM	Hollins Univ. / Carvins Cove
9:00 AM	40-44, 45-49, 50-54, 55-59 W	XCM	Hollins Univ. / Carvins Cove
9:02 AM	15-16 W	XCM	Hollins Univ. / Carvins Cove
9:04 AM	65+ M	XCM	Hollins Univ. / Carvins Cove
9:06 AM	60+ W	XCM	Hollins Univ. / Carvins Cove
9:08 AM	Non-Binary	XCM	Hollins Univ. / Carvins Cove
9:10 AM	Intellectually Impaired	XCM	Hollins Univ. / Carvins Cove
9:14 AM	65+ Women, 70+ Men (five year age groups)	XCM	Hollins Univ. / Carvins Cove
To Follow	Awards	XCM	XCM Finish Area
Monday			
July 13			
Course/Location			
ALL DAY	XCC Course Closed - No Practice Allowed		Elmwood Park
10:00 AM - 6:00 PM	Neutral Support - visit Cardinal Bicycle at 1312 Winborne St SW		

1:00 PM - 5:00 PM	Number Plate Pick Up	XCC/XCO	Visit Virginia's Blue Ridge office
PRACTICE DAY			
Tuesday	July 14		Course/Location
10:00 AM - 6:00 PM	Neutral Support - visit Cardinal Bicycle at 1312 Winborne St SW		
10:00 AM - 5:00 PM	Number Plate Pick Up	XCC/XCO	Visit Virginia's Blue Ridge office
1:00 PM - 2:00 PM	XCC Practice - Weds. Amateur/Master Women	XCC	Elmwood Park
2:00 PM - 3:00 PM	XCC Practice - Weds. Amateur/Master Men	XCC	Elmwood Park
3:00 PM - 3:30 PM	XCC Practice - Weds. Junior 11 & 12	XCC	Elmwood Park
3:30 PM - 4:00 PM	XCC Practice - Weds. Junior 13 & 14	XCC	Elmwood Park
4:00 PM - 5:00 PM	XCC Practice - Thursday Starts Women	XCC	Elmwood Park
5:00 PM - 6:00 PM	XCC Practice - Thursday Starts Men	XCC	Elmwood Park
6:30 PM - 7:00 PM	XCC Practice - All	XCC	Elmwood Park
XCC CHAMPIONSHIPS			
Wednesday	July 15		Course/Location
7:30 AM - 2:00 PM	Registration/Number Plate Pick Up	XCC/XCO	Elmwood Park
8:00 AM - 5:00 PM	Neutral Support open/close	XCC	Elmwood Park
8:00 AM-8:45 AM	XCC Practice - Weds. Morning Starts	XCC	Elmwood Park
9:00 AM	Amateur Women 19-29	XCC	Elmwood Park
9:30 AM	Master Women 30+	XCC	Elmwood Park
10:00 AM	Amateur Men 19-29	XCC	Elmwood Park
10:30 AM	Master Men 30-39	XCC	Elmwood Park
11:30 AM	Master Men 40+	XCC	Elmwood Park
12:00 PM	Awards - Weds. Morning Starts	XCC	Elmwood Park
12:15 PM - 12:45 PM	XCC Practice - Weds. Jr. 11-12 Starts	XCC	Elmwood Park
1:00 PM	Junior Women 11-12	XCC	Elmwood Park
1:25 PM	Junior Men 11-12	XCC	Elmwood Park
1:45 PM - 2:15 PM	XCC Practice - Weds. Jr. 13-14 Starts	XCC	Elmwood Park
2:20 PM	Junior Women 13-14	XCC	Elmwood Park
2:45 PM	Junior Men 13-14	XCC	Elmwood Park
3:15 PM	Awards - Weds. Afternoon Starts	XCC	Elmwood Park
3:30 PM- 4:15 PM	XCC Practice - Thurs. Jr Men	XCC	Elmwood Park
4:15 PM- 5:00 PM	XCC Practice - Thurs. Jr./U23/Elite Women	XCC	Elmwood Park
5:00 PM-5:45 PM	XCC Practice - Thurs. U23/Elite Men	XCC	Elmwood Park
5:45 PM - 6:30 PM	XCC Practice - All	XCC	Elmwood Park
XCC QUALIFIERS & CHAMPIONSHIPS			
Thursday	July 16		Course/Location
8:00 AM - 8:00 PM	Neutral Support open/close	XCC	Elmwood Park
8:00 AM - 6:00 PM	Registration/Number Plate Pick Up	XCC/XCO	Elmwood Park
8:00 AM - 10:00 AM	USAC Membership Skills Event - NO PRACTICE /ALL XCO COURSES CLOSED	XCO	Explore Park
11:00 AM - 3:00 PM	XCO Official Practice	XCO	Explore Park
8:00 AM - 9:45 AM	XCC Practice	XCC	Elmwood Park
10:00: AM	Junior Men 15-16 Qualifier 1	XCC	Elmwood Park
10:20 AM	Junior Men 15-16 Qualifier 2	XCC	Elmwood Park
10:40 AM	Junior Men 15-16 Qualifier 3	XCC	Elmwood Park
11:00 AM	Junior Men 17-18 Qualifier 1	XCC	Elmwood Park

11:20 AM	Junior Men 17-18 Qualifier 2	XCC	Elmwood Park
11:40 AM	Junior Men 17-18 Qualifier 3	XCC	Elmwood Park
12:00 PM	U23 Men Qualifier 1 - if needed	XCC	Elmwood Park
12:20 PM	U23 Men Qualifier 2 - if needed	XCC	Elmwood Park
12:50 PM-1:45 PM	XCC Practice	XCC	Elmwood Park
2:00 PM	Junior Women 15-16	XCC	Elmwood Park
2:30 PM	Junior Women 17-18	XCC	Elmwood Park
3:00 PM	Women U23	XCC	Elmwood Park
3:30 PM	Junior Men 15-16	XCC	Elmwood Park
4:00 PM	Junior Men 17-18	XCC	Elmwood Park
4:30 PM	Men U23	XCC	Elmwood Park
5:00 PM	Awards 2:00 PM-4:30PM Starts	XCC	Elmwood Park
5:00 PM- 6:00 PM	XCC Practice Elite M/W	XCC	Elmwood Park
6:30 PM	Women Elite	XCC	Elmwood Park
7:00 PM	Men Elite	XCC	Elmwood Park
7:30 PM	Awards - Elite	XCC	Elmwood Park
XCO QUALIFIERS & CHAMPIONSHIPS			
Friday	July 17		Course/Location
6:00 AM - 4:00 PM	Neutral Support open/close	XCO	Explore Park
7:00 AM - 4:00 PM	Registration/Number Plate Pick Up	XCO	Explore Park
6:15 AM - 6:45 AM	Practice - XCO	XCO	Explore Park
7:00 AM	Junior Men 15-16 Last Chance Qualifier	XCO	2 Laps Black Course
8:00 AM	Junior Men 17-18 Last Chance Qualifier	XCO	2 Laps Black Course
9:00 AM	Junior Women 11-12	XCO	2 Laps Blue Course
9:45 AM	Junior Men 11-12	XCO	2 Laps Blue Course
11:00 AM	Junior Women 13-14	XCO	2 Laps Red Course
11:15 AM	Awards - Junior 11-12 (M/W)	XCO	XCO Finish Area
12:30 PM	Junior Men 13-14	XCO	2 Laps Red Course
2:00 PM	Amateur Women 19-29	XCO	3 Laps Red Course
2:00 PM	Master Women 30-34	XCO	3 Laps Red Course
2:00 PM	Master Women 35-39	XCO	3 Laps Red Course
2:02 PM	Master Women 40-44	XCO	3 Laps Red Course
2:02 PM	Master Women 45-49	XCO	3 Laps Red Course
2:04 PM	Master Women 50-54	XCO	3 Laps Red Course
2:04 PM	Master Women 55-59	XCO	3 Laps Red Course
2:06 PM	Master Women 60-64	XCO	2 Laps Red Course
2:06 PM	Master Women 65-69	XCO	2 Laps Red Course
2:06 PM	Master Women 70+	XCO	2 Laps Red Course
2:15 PM	Awards - Junior 13-14 (M/W)	XCO	XCO Finish Area
3:45 PM	E - MTB (M/W), SS (M/W), Non-binary	XCO	3 Laps Red Course
5:15 PM	Amateur Men 19-29	XCO	4 Laps Red Course
5:18 PM	Master Men 30-34	XCO	4 Laps Red Course
5:21 PM	Master Men 35-39	XCO	4 Laps Red Course
5:30 PM	Awards - 2:00 PM & 3:45 PM Starts	XCO	XCO Finish Area
6:45 PM	Awards - 5:15 PM Starts	XCO	XCO Finish Area
XCO CHAMPIONSHIPS			
Saturday	July 18		Course/Location
6:00 AM - 6:00 PM	Neutral Support open/close	XCO	Explore Park
6:00 AM - 5:00 PM	Number Plate Pick Up	XCO	Explore Park
6:45 AM - 7:15 AM	Practice - XCO - Black Course	XCO	Black Course

7:30 AM	Junior Men 17-18 (See Qualifying Information)	XCO	TBA Laps - Black Course
9:00 AM	Junior Women 17-18	XCO	TBA Laps - Black Course
11:15 AM	Awards Junior 17-18		XCO Finish Area
10:30 AM-11:15 AM	Practice - XCO - Black Course	XCO	Black Course
11:45 AM	Women Elite	XCO	TBA Laps - Black Course
1:30 PM	Men Elite	XCO	TBA Laps - Black Course
3:30 PM	Awards Elite	XCO	XCO Finish Area
3:15 PM	Women U23	XCO	TBA Laps - Black Course
5:00 PM	Men U23	XCO	TBA Laps - Black Course
6:45 PM	Awards U23	XCO	XCO Finish Area
6:45 PM - 7:30 PM	Practice - XCO	XCO	Red & Black Courses
XCO CHAMPIONSHIPS			
Sunday	July 19		Course/Location
6:00 AM - 3:00 PM	Neutral Support open/close	XCO	Explore Park
6:00 AM - 2:00 PM	Number Plate Pick Up	XCO	Explore Park
6:45 AM - 7:15 AM	Practice - XCO	XCO	Explore Park
7:30 AM	Junior Men 15-16 (See Qualifying Information)	XCO	TBA Laps - Black Course
9:00 AM	Junior Women 15-16	XCO	TBA Laps - Black Course
11:00 AM	Awards Junior 15-16 M/W		
10:45 AM	Master Men 40-44	XCO	4 Laps - Red Course
10:45 AM	Master Men 45-49	XCO	4 Laps - Red Course
12:45 PM	Master Men 50-54	XCO	4 Laps - Red Course
12:48 PM	Master Men 55-59	XCO	3 Laps - Red Course
2:45 PM	Master Men 60-64	XCO	3 Laps - Red Course
2:48 PM	Master Men 65-69	XCO	3 Laps - Red Course
2:51 PM	Master Men 70-74	XCO	2 Laps - Red Course
2:51 PM	Master Men 75-79	XCO	2 Laps - Red Course
2:51 PM	Master Men 80+	XCO	2 Laps - Red Course
3:00 PM	Awards 10:45 AM - 12:48 PM Starts	XCO	XCO Finish Area
5:00 PM	Awards 2:45 PM Starts	XCO	XCO Finish Area